Pleasanton
Community Services Activities Guide • Spring 2018

Spring Break Camps are here! See inside, pages 20-21, for details

The New Pleasanton Tennis Courts Open Spring 2018! Details on page 3

Online Registration begins January 10th! See page 56 for details
The City of Pleasanton offers a variety of ways you can lend a helping hand to make a difference in your community. No matter your age or level of experience, you too can make a positive impact on another person’s life through your dedicated time.

TEENS!

Don’t miss your opportunity to volunteer this summer!

Orientations take place in the Spring!
For detailed information, please refer to the corresponding page:

- Ptownlife Web Team - page 26
- Community Services Leader In Training Program - page 26
- Ridge Runners Counselor In Training Program - page 30
- Junior Lifeguard Program - page 38

Interested in volunteering for The City of Pleasanton? Please email volunteer@cityofpleasantonca.gov
Two new courts at the Tennis and Community Park opening early 2018!

Since 2005, the City has partnered with Lifetime Tennis to manage the ten tennis courts at the Pleasanton Tennis and Community Park. Lifetime offers top quality tennis instruction, training and play opportunities that can be enjoyed at any age.

Over the past 12 years, Lifetime Tennis has expanded their offerings and now provides badminton, table tennis, chess, pickleball and volleyball thus leading to their new name, Lifetime Activities.

Lifetime Activities mission is to foster health, happiness, and skill development. Keeping the community active physically and mentally while having fun, competing, learning and achieving at all levels.

Due to the popularity of the sport, and the growing demand for additional tennis courts, the 2014 Parks and Recreation Master Plan identified a shortage of courts available to the community. As a result, funding for two new lighted courts at the Tennis and Community Park was approved by the City Council. Construction of the courts began in 2017 and will be completed by early 2018.

On the cover: A young participant enjoys tennis lessons at the Pleasanton Tennis and Community Park.

Front cover photo taken by: Sophie Leopold, Lifetime Activities Creative Director
Player featured on the front cover: Vincent Ma

Enroll now: www.pleasantonfun.com
Facilities & Community Services Staff

City Council
Jerry Thorne, Mayor
Karla Brown • Kathy Narum
Arne Olson • Jerry Pentin
Nelson Fialho, City Manager
Meets 7:00pm, every 1st and 3rd Tuesday of the month

Parks & Recreation Commission
Bryan Bowers • Chuck Deckert
Joanie Fields • Brad Hottle • Keshav Patel
Joseph Streng • Deborah Wahl
Meets 7:00pm, every 2nd Thursday of the month
Additional City Commissions listed on page 58

Spring 2018
Priority Registration Online (Residents only)
Beginning at 8:00am on Wednesday, January 10, 2018
Open Registration Walk-in & Non-Resident
Beginning at 8:00am on Wednesday, January 17, 2018
See page 56 for details.

Community Services Facilities
Community Services Main Office
200 Old Bernal Avenue, 931-5340
Alviso Adobe Community Park
3465 Old Foothill Road, 931-3479
Amador Recreation Center
4433 Black Avenue
Amador Theater
1155 Santa Rita Road, 931-4850
Cultural Arts Building
4777 Black Avenue
Dolores Bengtson Aquatic Center
4455 Black Avenue, 931-3420
Firehouse Arts Center
4444 Railroad Avenue, 931-4850
Gingerbread Preschool
4333 Black Avenue, 931-3430
Ken Mercer Sports Park Office
5800 Parkside Drive, 931-3437
Nature House
519 Kottinger Drive
Senior Center
5353 Sunol Blvd, 931-5365
Sports Field Weather Line
931-5360
Tennis & Community Park
5801 Valley Avenue, 931-3449
Veterans Memorial Building
301 Main Street

City/School Gymnasiums
Pleasanton Middle School
5001 Case Avenue
Harvest Park Middle School
4900 Valley Avenue
Thomas A. Hart Middle School
4433 Willow Road

Off-site Activity Locations
Craft Maker’s Studio
39 California Ave., Suite 205, Pleasanton
The Coder School
6754 Bernal Avenue, Suite 750, Pleasanton
Jue’s Taekwon-Do Studio
5460 Sunol Blvd., #8, Pleasanton
NorCal Volleyball Facility
7069 Commerce Circle, Pleasanton
Pans on Fire
3059 Hopyard Rd J-K, Pleasanton
Springs Pilates Pleasanton
1249 Quarry Lane, #120, Pleasanton

Community Services Staff
Administration
200 Old Bernal, 931-5340
Susan Andrade-Wax, Director of Community Services
Michele Crose, Community Services Manager
Michelle Dunaway, Community Services Manager
Jay Ingram, Community Services Manager
Mike Patrick, Management Analyst
Dan Villasenor, Recreation Supervisor
Kara Yost, Recreation Coordinator
Terry Snyder, Office Manager
Ania Pawlak, Senior Office Assistant

Ken Mercer Sports Park
5800 Parkside Drive, 931-3437
Nilo Velazquez, Recreation Supervisor
Andrew Aquilar, Recreation Coordinator
Julian Mireles, Recreation Coordinator

Dolores Bengtson Aquatic Center
4455 Black Avenue, 931-3420
Tracy Newman, Recreation Supervisor
Russell Meglio, Recreation Coordinator

Senior Center
5353 Sunol Blvd, 931-5365
Raymond Figueroa, Recreation Supervisor
Julie Parkinson, Recreation Coordinator
Rachel Prater, Recreation Coordinator
Gloria Lewis, Lead Dispatcher

Gingerbread Preschool
4333 Black Avenue, 931-3430
Joelle Glushenko, Recreation Supervisor
Nicole Thomas, Recreation Supervisor
David Weisgerber, Recreation Coordinator

Firehouse Arts Center
4444 Railroad Avenue, 931-4848
Rob Vogt, Recreation Supervisor
Mark Duncanson, Recreation Coordinator
Bob Elliott, Theatre Technician
Mike Roberts, Theatre Assistant
Julie Finegan, Gallery Coordinator

Alviso Adobe Community Park
3465 Old Foothill Road, 931-3479
Elena Frink, Naturalist
Martha Cerda, Assistant Naturalist

City registration website:
www.pleasantonfun.com

Like us on Facebook:
Pleasanton Community Services
Follow us on Instagram:
Pleasantonfun

Phone: (925) 931-5340
January 12–February 17
THE GRANITE GROUP
< Plein Air Paintings of the High Sierras
Opening Reception:
Thursday, January 11, 7:00–9:00pm
Accomplished plein air artists pack into the High Sierras each year to paint for a week in the wilderness. This exhibition will feature plein air and in-studio works by premier artists such as Bill Cone, Paul Kratter, and Kim Lordier.

March 2–April 7
Nordic Voyage: A Sense of Place
Opening Reception:
Thursday, March 1, 7:00-9:00pm
This exhibition will include artworks by members of Nordic 5 Arts, an organization comprised of professional artists primarily of Nordic/Scandinavian descent. The group’s mission is to promote ties with contemporary Nordic design, arts, and culture, contributing to the great diversity of the arts in the San Francisco Bay Area.

April 28—June 2
Fresh Works 8th Annual Juried Exhibition
Opening Reception
Saturday, April 28
1:00-3:00pm
Back again for its 8th iteration, the ever-changing, ever-growing Fresh Works Juried Exhibition always promises to offer a delightful variety of works by emerging and accomplished regional artists. Beverly Rayner, an award-winning Santa Cruz artist, teacher, and lecturer, is this year’s juror.
4-6 years
**ARTISTIC TIME TRAVELERS**
A $15 supply fee is due at registration.
Contact dwardrope@sbcglobal.net for more information.

**Medieval Gothic Art**
Come explore the world of castles, knights, unicorns and dragons! We’ll look at medieval art and architecture and create 2D and 3D art based on what we learn. Make a Gothic stained glass window, a castle tower, an illuminated manuscript page and more!
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

<table>
<thead>
<tr>
<th>4 classes</th>
<th>$90R/$99N</th>
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<tbody>
<tr>
<td>5743 Tu</td>
<td>3/6-3/27 2:00pm-3:00pm</td>
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**Renaissance Art**
Join us as we travel back to the time of Leonardo and Michelangelo and discover how art and architecture changed during this artistic explosion. Paint your own fresco by making egg tempera paint, create a triptych self-portrait and make a cool Renaissance style diorama.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<thead>
<tr>
<th>4 classes</th>
<th>$90R/$99N</th>
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<tbody>
<tr>
<td>5744 Tu</td>
<td>4/10-5/1 2:00pm-3:00pm</td>
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**Dutch Art, Romanticism and Realism**
In this time travel expedition, we’ll explore the work of great artists like Rembrandt, Vermeer and Turner to create our own masterpieces. We’ll use acrylics and watercolor, cardboard and even pasta to help us make self-portraits, landscapes and much more.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<tr>
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<th>$90R/$99N</th>
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<tbody>
<tr>
<td>5747 Tu</td>
<td>5/8-5/29 2:00pm-3:00pm</td>
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4-6 years
**WILD ABOUT ART SERIES**
A $15 supply fee is due at registration.
Contact dwardrope@sbcglobal.net for more information.

**Waterworks!**
This class is designed to teach kids how to use water-based media such as watercolor and acrylics to paint on a variety of surfaces including canvas, glass, clay and more! We’ll also be using water as our main subject.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<thead>
<tr>
<th>4 classes</th>
<th>$90R/$99N</th>
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<tbody>
<tr>
<td>5753 W</td>
<td>3/7-3/28 1:30pm-2:30pm</td>
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**Cityscapes**
Cities are great art subjects and in this class we’ll explore artists like Hopper, Caillebotte and Utrillo who’ve used the city as their inspiration. Create a giant skyscraper, a colorful canvas, a collage and paint a scene from Pleasanton.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<th>4 classes</th>
<th>$90R/$99N</th>
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<tr>
<td>5754 W</td>
<td>4/11-5/2 1:30pm-2:30pm</td>
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**Colorful Creations**
This class is an exploration of color—how to mix it and how to use it to make art. We’ll learn about primary, secondary, analogous and tertiary, and warm and cool colors in a fun way using clay, acrylics, and watercolor.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<tr>
<th>4 classes</th>
<th>$90R/$99N</th>
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<tr>
<td>5755 W</td>
<td>5/9-5/30 1:30pm-2:30pm</td>
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4-6 years
**Wonderful Woodland Creatures**
We’ll be making 2D and 3D art based on your favorite woodland critters. We’ll be creating an acrylic fox canvas, a 4-part collage, forest shadowbox and even an Adventure Awaits framed picture. A $15 supply fee is due at registration. For more information contact dwardrope@sbcglobal.net.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

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<tr>
<th>3 classes</th>
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<tr>
<td>5748 W</td>
<td>2/7-2/28* 1:30pm-2:30pm</td>
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*No class 2/21.

4-6 years
**Young Rembrandts**
FUNdamental Drawing
FUNdamental drawing classes teach children the skills necessary to draw complex images. As students learn to draw with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Contact: yreastbay@youngrembrandts.com for more information.
Nature House | Instructor: Young Rembrandts

<table>
<thead>
<tr>
<th>5 classes</th>
<th>$85R/$94N</th>
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<tr>
<td>6021 F</td>
<td>2/9-3/9 4:00pm-5:00pm</td>
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<tr>
<td>6022 F</td>
<td>3/16-4/20* 4:00pm-5:00pm</td>
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<tr>
<td>6023 F</td>
<td>4/27-5/25 4:00pm-5:00pm</td>
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</table>

*No class 4/6
DANCE WITH JILLIAN GREEN
For more information, contact: (925) 344-1123 or office@jilliandance.com.
3-6 years
Ballet/Tap/Jazz Combo I & II
In Combo I, dancers 3 to 4.5 years old will be introduced to beginning concepts of ballet, tap and creative movement (jazz). In Combo class II, dancers 4.5 to 6 will continue building on concepts of ballet, tap and creative movement/jazz. Arrive in tap shoes and bring ballet shoes to change into. Note: Combo I is not a required prerequisite for Combo II.
Cultural Arts Building | Instructor: Jillian Green
Combo I—3-4.5 years
10 classes | $175R/$193N
5787 Sa 2/17-5/12* 10:15am-11:00am
*No class 3/3, 3/17, 4/7

Combo II—4.5-6 years
10 classes | $175R/$193N
5788 Sa 2/17-5/12* 11:10am-Noon
*No class 3/3, 3/17, 4/7

3-6 years
Bollywood Bugs
Have fun through music and movement Bollywood style. Focus will be on children having fun learning new motor skills and hand/eye coordination. Class shall end in a spring recital for family and friends. Contact: vmusic.lesson@gmail.com for more information
Cultural Arts Building | Instructor: Vaishnavi Misra
12 classes | $168R/$185N
6164 Su 2/4-5/13* 9:30am-10:00am
*No class 3/4, 3/18, 4/1

4.5-6 years
Kinder Hip Hop/Tumbling
In this dynamic class, students will learn beginning hip hop technique as well as basic tumbling skills to improve their strength and coordination to complement their hip hop training! Our youngest hip hoppers will develop confidence in self-expression as they work on a routine to perform on our last day!
Cultural Arts Building | Instructor: Jillian Green
12 classes | $210R/$231N
5789 W 2/14-5/9 3:30pm-4:20pm
*No class 4/4

3-5 years
Skyhawks Youth Olympics Multi-Sport
These camps are tailored to each camper’s age and skill level while teaching life lessons such as respect and teamwork. Athletes will learn the roles and essential skills of basketball, baseball, soccer, and track and field.
Harvest Park Middle School Field—Corner of Valley and Northway | Instructor: Skyhawks East Bay Sports
5 classes | $119R/$131N
6323 Sa 3/3-3/31 9:00am-10:30am
6325 Sa 3/3-3/31 10:30am-Noon
6327 Sa 4/14-5/12 9:00am-10:30am
6328 Sa 4/14-5/12 10:30am-Noon

Exercise & Wellness

Sports

Preschool Children • 7
KIDZ LOVE SOCCER
Sessions include age-appropriate activities: skill demonstrations, fun games, and instructional scrimmages. All participants receive a KLS jersey! Shin guards are required after the first meeting.
Rainout Hotline: (888) 372-5803
Instructor: Kidz Love Soccer

2-3.5 years
Mommy/Daddy & Me Soccer
Join in as we introduce your toddler to the world’s most popular sport. You’ll participate in fun, age-appropriate activities and help your child to develop their motor and socialization skills.
Bernal Community Park Field—Patelco Sports Complex Stadium

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<thead>
<tr>
<th>Class</th>
<th>Days</th>
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<tr>
<td>6347</td>
<td>Tu</td>
<td>4/17-6/12 11:30am-12 Noon</td>
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<tr>
<td>6348</td>
<td>Fr</td>
<td>4/20-6/15  9:00am-9:30am</td>
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Ken Mercer Sports Park Field—Skateboard Grass Area

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<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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<tr>
<td>6345</td>
<td>Sa</td>
<td>4/21-6/23 11:30am-12 Noon</td>
</tr>
<tr>
<td>6346</td>
<td>Sa</td>
<td>4/21-6/23 12:05pm-1:00pm</td>
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*No class 5/26

4-5 years
Pre Soccer
Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment.
Ken Mercer Sports Park Field—Skateboard Grass Area

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<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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<tr>
<td>6351</td>
<td>Tu</td>
<td>4/17-6/12 5:45pm-6:30pm</td>
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<td>6352</td>
<td>Fr</td>
<td>4/20-6/15  5:10pm-6:00pm</td>
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<tr>
<td>6353</td>
<td>Sa</td>
<td>4/21-6/23 9:15am-10:00am</td>
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*No class 5/26

Bernal Community Park Field—Patelco Sports Complex Stadium

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<tr>
<th>Class</th>
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<td>Tu</td>
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<tr>
<td>6350</td>
<td>Fr</td>
<td>4/20-6/15  10:10am-10:45am</td>
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3.5-4 years
Tot Soccer
Develops gross motor skills through fun soccer games, and introduces small children to the group setting.
Ken Mercer Sports Park Field—Skateboard Grass Area

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<thead>
<tr>
<th>Class</th>
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<tr>
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<td>Tu</td>
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<tr>
<td>6332</td>
<td>Fr</td>
<td>4/20-6/15  5:45pm-6:45pm</td>
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<tr>
<td>6333</td>
<td>Sa</td>
<td>4/21-6/23 8:45am-9:15am</td>
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*No class 5/26

Bernal Community Park Field—Patelco Sports Complex Stadium

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<th>Time</th>
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<td>6329</td>
<td>Tu</td>
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<tr>
<td>6330</td>
<td>Fr</td>
<td>4/20-6/15  9:40am-10:10am</td>
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</table>

WEED HOOP
Participants are required to bring a size 3 ball.

1.5-3 years
Hoopsters
This parent interactive class develops gross motor skills and coordination. Repetition enables children to build confidence; organized games develop skills for listening and following directions.
Ken Mercer Sports Park—Basketball Court
Instructor: Wee Hoop Basketball

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<thead>
<tr>
<th>Class</th>
<th>Days</th>
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<tr>
<td>6287</td>
<td>Th</td>
<td>2/28-5/2 10:55am-11:40am</td>
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Thomas Hart Middle School Gym | Instructor: Wee Hoop Basketball Staff

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>6286</td>
<td>Sa</td>
<td>3/3-5/12 9:40am-10:20am</td>
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</tbody>
</table>

*No Class 3/31, 4/7

4-5 years
Hot Shots
This class is focused on developing basketball skills and learning basic rules of the game. Activities will encourage teamwork and meeting new friends.
Ken Mercer Sports Park—Basketball Court
Instructor: Wee Hoop Basketball

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
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<tr>
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<td>Th</td>
<td>2/28-5/2 10:55am-11:40am</td>
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<tr>
<td>6290</td>
<td>Th</td>
<td>4/28-5/31 10:55am-11:40am</td>
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Thomas Hart Middle School Gym | Instructor: Wee Hoop Basketball Staff

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<tr>
<td>6293</td>
<td>Sa</td>
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*No Class 3/31, 4/7
Featured Library Programs

Adult Programs: February–May 2018
2:00–3:00pm, unless noted otherwise

<table>
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<tr>
<th>Date</th>
<th>Program</th>
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<tr>
<td>2/11/18</td>
<td>San Francisco Shakespeare Festival: Romeo and Juliet</td>
</tr>
<tr>
<td>2/25/18</td>
<td>Introduction to Chinese Calligraphy</td>
</tr>
<tr>
<td>3/4/18</td>
<td>Livermore Valley Opera Performance</td>
</tr>
<tr>
<td>3/11/18</td>
<td>Photography Presentation: What’s the Right Camera and Lens for Me? By Chao Feng</td>
</tr>
<tr>
<td>4/7/18</td>
<td>Gardening Talk and Plants Swap</td>
</tr>
<tr>
<td>4/22/18</td>
<td>Photography Presentation: A Glimpse of Utopia By Felix Tian</td>
</tr>
<tr>
<td>5/6/18</td>
<td>Cheza Nami—Sharing the African Culture through Music and Dance</td>
</tr>
<tr>
<td>5/20/18</td>
<td>Photography Presentation: Journey of the Cranes by C. Mei</td>
</tr>
<tr>
<td>5/26/18</td>
<td>Pleasanton’s Own Roadshow with specialists from Michaan’s Auction</td>
</tr>
<tr>
<td>Saturdays, 2/3-4/14</td>
<td>FREE Tax Filing Assistance by Appointment, 10:00am–2:30pm</td>
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</table>

Classic Film Series | First Thursday of the month | 6:30pm
Drop In Computer Tutoring | Tuesdays | 5–6:30pm
Excel 2013 classes | Throughout the year. Check calendar for dates.
Free Legal Help | Third Tuesday of the month | 6–8pm
Job & Resume Counselors | Ongoing, by appointment
Second Sundays | Variety of Music for your listening pleasure | 2pm
Open Mic Night | Second Mondays | 6pm

Family Game Nights
First Wednesday of the month | 6:30-8:30 pm

Pleasanton Library Reads Project
The Pleasanton Library Reads Project provides instruction in basic literacy and English-as-a-Second-Language (ESL) through free weekly tutoring and/or ESL Conversation Practice Groups for eligible adults. Visit or call the library at 925-931-3405 for detailed information.

Saturday Programs
BubbLesmith BubbLesmith blows bubbles with his hands, hoops, loops and other devices. Who knew what a little soap & water (and a lot of talent) can do!
Best for ages 5+ | Sat., February 17, 2:00 pm
Cascada de Flores “The Tree and the Donkey who loved to sing” aka “El Abuelo.” A bilingual and participatory story of Mexican music and dance.
All Ages | Sat., February 24, 3:00 pm
McBride School of Irish Dance Providing Irish Dance instruction for over 50 years throughout the Bay Area, they take pride in passing their love for Irish Dance and Culture to dancers and the public.
All Ages | Sat., March 3, 3:00 pm
Jubilee American Dance Theatre This unique performance ensemble brings to life the dances, music, songs, and stories of folks who made America.
All Ages | Sat., March 31, 2:00 pm
Gamelan Sekar Jaya Gamelan Sekar Jaya is a company of musicians and dancers based in the San Francisco Bay Area, specializing in the performing arts of Bali.
All Ages | Sat., April 14, 2:00 pm

Library Story Times
(Drop-in, no registration required)
Baby Laptimate Age-appropriate stories, songs and engaging activities for our youngest library users.
Newborns to 15 months | 1:00pm | Jan. 25 | Feb. 1, 8, 15, 22 | Mar. 1, 8, 29 | Apr. 5, 12, 19, 26
Toddler Laptimate Stories, fingerplays, songs and engaging activities for toddlers. Children ages 16-36 months | 10:15 am and 11:00 am | Jan. 22, 29 | Feb. 5, 12, 26 | Mar. 5, 26 | Apr. 2, 9, 16, 23, 30
Preschool Storytime Stories, music and more for preschoolers. (Note: Younger siblings may attend if they can sit on a parent’s lap) Children ages 3-5 years | 10:45 am | Jan. 26 | Feb. 2, 9, 16, 23 | Mar. 2, 9, 30 | Apr. 6, 13, 20, 27

Visit www.pleasantonlibrary.org for more information

Information: www.pleasantonlibrary.org
Family Classes

SPECIAL INTEREST
8-14 years
Mom & Me Bake Up Something Special
Your culinary instructor will guide you in preparing a delicious selection of baked goods that will help you develop new skills and lasting memories. Registration fees include 1 adult + 1 child. A $15 supply fee is due at registration. For more information, contact: Pans on Fire (925) 600-7267.
Pans on Fire | Instructor: Pans On Fire

1 Class | $70R/$77N
5969 Sa 5/5 1:00pm-4:00pm

2-5 years
Preschool Class Wee 2’s & 3’s
This is a one-hour parent and toddler preschool class that incorporates crafts, painting, play dough, gluing, cutting, and coloring all associated with a letter of the week. Circle time includes reading, storytelling, music, and dancing. For more information, contact: sq_jamal@yahoo.com
Cultural Arts Building | Instructor: Saman Jamal

12 classes | $120R/$132N
6120 M/W 1/22-3/7* 10:00am-11:00am
6121 M/W 3/12-4/25* 10:00am-11:00am

EXERCISE & WELLNESS
13 years & up
Bollywood Fusion for Teens and Adults
This energetic and exhilarating class fuses Bollywood with Indian and World dances to keep it upbeat and high energy. This course will focus on pure dancing, and hand and leg movements. Contact: vmusic.lesson@gmail.com for more information.
Cultural Arts Building | Instructor: Vaishnavi Misra

12 classes | $120R/$132N
6170 Su 2/4-5/13* 11:00am-Noon
*No class 3/4, 3/18, 4/1

5 years & up
Traditional Japanese Karate—Family Class/All Ranks
Learn the Traditional Japanese Karate style called Shito Ryu with a focus on building confidence, living honorably, and learning effective self-defense. Uniform is required and may be purchased on the first day of class. To learn more, please visit www.daytimedragon.com
Veterans Memorial Building | Instructor: Dan Reddell

3 classes | $30R/$33N
5680 M 2/5-2/26* 5:50pm-6:35pm
5693 W 3/7-3/28* 5:50pm-6:35pm
5683 M 5/7-5/21 5:50pm-6:35pm

4 classes | $40R/$44N
5692 W 2/7-2/28 5:50pm-6:35pm
5681 M 3/7-3/26 5:50pm-6:35pm
5682 M 4/9-4/30 5:50pm-6:35pm
5695 W 5/9-5/23 5:50pm-6:35pm

2 classes | $20R/$23N
5694 W 4/18-4/25 5:50pm-6:35pm
*No class 2/19, 3/14

The City of Pleasanton is updating its Community Trails Master Plan. The goal is to create a complete trail system that allows access to nature and recreation for the entire community. If you are interested in getting involved, visit our site at PleasantonTrails.com

Phone: (925) 931-5340
### Community Education Series

**The City of Pleasanton**

**Upcoming Events**

**High School...The Real Deal**
A panel discussion about making the move to High School. Hear directly from a panel of students, parents and PUSD staff.

- **01.17.18** 7:00 - 8:30PM  
  Course 6699

**Overloaded and Underprepared**
Keynote Speaker: Denise Pope - Co-Founder Stanford Challenge Success, Stanford University Senior Lecturer, author of "Doing School" and co-author of "Overloaded and Underprepared."

- **02.03.18** 9:00AM - 12:00PM  
  Course 6698

**Parenting Forum - Breakout sessions to follow keynote speaker.**
Special Event location: Harvest Park Middle School

**Teen Wellness Event**
Student led event to support healthy and happy teens.

- **03.28.18** 7:00 - 8:30PM  
  Course 6700

For more information, please call 925-931-5359 or email amcgovern@cityofpleasanton.ca.gov

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### Family Classes

**6 years & up**

**Kendo Beginner**
Kendo is rooted in the sword techniques of the ancient Japanese warrior “Samurai”. The beginner class focuses on the basics and understanding characteristics of KENDO. A $35 supply fee is due for Shinai (bamboo sword). For more information contact steve.h.ichimura@gmail.com

**Veterans Memorial Building | Instructor: Hiroshi Ichimura**

**8 classes | $120R/$132N**

<table>
<thead>
<tr>
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<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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<td>Tu</td>
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<td>6:20pm-7:30pm</td>
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</table>

**6 years & up**

**Kendo Advanced**
This class is for experienced Kendo practitioners who have completed the beginner class. Students will engage in actual combat and should have their own Shinai (bamboo sword) and Bogu (protective gear). For more information contact steve.h.ichimura@gmail.com

**Veterans Memorial Building | Instructor: Hiroshi Ichimura**

**15 classes | $120R/$132N**

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<td>7:40pm-9:30pm</td>
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*No class 2/13, 4/19

**6 years & up**

**Kendo Open Jigeiko**
This class is for open Jigeiko (free practice). Sensei will also put on their Bogu and do Jigeiko. Students will engage in actual combat and should have their own Shinai (bamboo sword) and Bogu (protective gear). This class is only for experienced Kendo practitioners.

**Veterans Memorial Building | Instructor: Hiroshi Ichimura**

**4 classes | $20R/$23N**

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<td>5847</td>
<td>W</td>
<td>5/9-5/30</td>
<td>8:00pm-9:20pm</td>
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</tbody>
</table>

**6 years & up**

**Kendo Open Jigeiko**
This class is for open Jigeiko (free practice). Sensei will also put on their Bogu and do Jigeiko. Students will engage in actual combat and should have their own Shinai (bamboo sword) and Bogu (protective gear). This class is only for experienced Kendo practitioners.

**Veterans Memorial Building | Instructor: Hiroshi Ichimura**

**4 classes | $20R/$23N**

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<td>5/9-5/30</td>
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*No class 2/13, 4/19*
ACRYLIC PAINTING WITH ZINA
An $8 supply fee is due at registration. Contact Zina at (510) 381-3660 for more information.
Come have fun with acrylics! We’ll create art by sponge painting, finger painting, and using brushes and other fun materials. Children will be guided with step-by-step instructions and go home with beautiful art. Wear paint-appropriate clothing.
Firehouse Arts Center Classroom A
*2/8, 3/15 and 5/10 classes will be at Firehouse Arts Center, Classroom B
Instructor: Zina Kassab

Splatter Theme
5 classes | $100R/$110N
5867 Th 2/1-3/1*  4:00pm-6:00pm

Spring Theme
5 classes | $100R/$110N
5868 Th 3/8-4/12**  4:00pm-6:00pm
**No class 4/5

5.5-10 years
6-10 years
ARTISTIC TIME TRAVELERS
A $15 supply fee is due at registration. Contact dwardrope@sbcglobal.net for more information.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
Medieval & Gothic Art
Come explore the world of castles, knights, unicorns and dragons! We’ll be looking at medieval art and architecture and creating 2D and 3D art work based on what we learn. Make a Gothic stained glass window, a castle tower, an illuminated manuscript page and more!
4 classes | $90R/$99N
5742 Tu 3/6-3/27  3:45pm-5:00pm

Renaissance Art
Join us as we travel back to the time of Leonardo and Michelangelo and discover how art and architecture changed during this artistic explosion. Paint your own fresco by making egg tempera paint, create a triptych self-portrait and make a cool Renaissance style diorama.
4 classes | $90R/$99N
5745 Tu 4/10-5/1  3:45pm-5:00pm

Dutch Art, Romanticism and Realism
In this time travel expedition, we’ll explore the work of great artists like Rembrandt, Vermeer and Turner to create our own masterpieces. We’ll use acrylics and watercolor, cardboard and even pasta to help us make self-portraits, landscapes and much more.
4 classes | $90R/$99N
5746 Tu 5/8-5/29  3:45pm-5:00pm

6-10 years
FRIDAY FUN WITH ART
A $15 supply fee is due at registration. Contact dwardrope@sbcglobal.net for more information.
Crazy Hearts
Valentine’s Day is just around the corner and it’s time to make crazy fun heart projects. Make a giant box of “chocolates”, an ombre heart sign and more to display!
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
1 Class | $30R/$33N
5737 F 2/2  3:45pm-5:30pm

Lucky Leprechauns
St. Patrick’s Day is coming and we’ll be creating fun art projects including a leprechaun hat sign, a leprechaun house and a pot-of-gold candy holder.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
1 Class | $30R/$33N
5738 F 3/2  3:45pm-5:30pm

Easter Eggs-travaganza
Create some eggs-citing Easter art including an Easter Bunny canvas, a treat jar and an Easter wreath for your door.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
1 Class | $30R/$33N
5739 F 4/13  3:45pm-5:30pm

Spectacular Spring!
Celebrate spring as we make beautiful art based on the season. Paint a beautiful cherry blossom landscape, a swing shadowbox and flower and ladybug rocks.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
1 Class | $30R/$33N
5740 F 4/13  3:45pm-5:30pm

May Flowers!
May brings beautiful flowers and we’ll be making some art using flowers as our subject. Make a mixed media poppy, a stand up mason jar bouquet and a cute 3D cactus and flower.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
1 Class | $30R/$33N
5741 F 5/11  3:45pm-5:30pm

Like us on Facebook: Pleasanton Community Services
Follow us on Instagram: Pleasantonfun
6-10 years

JUST 4 GIRLS ART CLUB
A $10 supply fee is due at registration. Contact dwardrope@sbcglobal.net for more information.

Marvelous Mermaids
Let’s make some fun mermaid art! Create a mixed media mermaid, a “Make a Splash” mermaid sign and more!
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

Painted Puppies
Love dogs and puppies? This class is for you! We’ll be making a junkyard dog with recycled items, a cute puppy painting and more!
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

Darling Donuts
Donut art is so much fun! Come make a donut washer necklace, a whimsical donut painting on canvas and other creative projects.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

6-10 years

WILD ABOUT ART SERIES
A $15 supply fee is due at registration. Contact dwardrope@sbcglobal.net for more information.

Waterworks!
This art class is designed to teach kids how to use water-based media such as watercolor and acrylics to paint on a variety of surfaces including canvas, glass, clay and more. We will also use water as our main subject.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

Cityscapes
Cities are a great art subject and in this class we’ll explore artists like Hopper, Caillebotte and Utrillo who’ve used the city as their inspiration. Create a giant skyscraper, a colorful canvas, a city collage and even paint a scene from Pleasanton.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

Colorful Creations
This class is an exploration of color—how to mix it and how to use it to make art. We’ll learn about primary, secondary, analogous and tertiary, and warm and cool colors in a fun, creative way while using clay, acrylics, and watercolors.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

5-11 years

YOUNG @ ART

The Outside Arts
The Harrington Gallery will feature works by a group of artists who go camping in the High Sierras to paint landscapes on site. After discussing some of the techniques they use, kids will create landscapes in the studio.
Firehouse Arts Center Classroom A | Instructor: Julie Finegan & Debbie Wardrope

Nordic Voyage
Vikings, icebergs, snow, and curious symbols—come aboard the Harrington Gallery to visit the Nordic Voyage exhibition and see works by artists with a Nordic heritage. Then students will design intricate symbols and create iceberg pictures.
Firehouse Arts Center Classroom A | Instructor: Julie Finegan & Debbie Wardrope

Colorific!
Participants will visit the Harrington Gallery’s Fresh Works Juried Exhibit to see the variety of artwork. We’ll focus on colors and how they create mood in the works and then create some “colorific” paintings in the studio.
Firehouse Arts Center Classroom A | Instructor: Julie Finegan & Debbie Wardrope
**The Arts**

**6-10 years**

**Wonderful Woodland Creatures**
We’ll be making all kinds of cool 2D and 3D art based on your favorite woodland critters. We’ll be creating an acrylic fox canvas, a 4-part collage, forest shadowbox and even an Adventure Awaits framed picture. A $15 supply fee is due at registration. Contact dwardrope@sbcglobal.net for more information.

Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

3 classes | $75R/$83N
5749 W 2/7-2/28* 3:45pm-5:00pm
*No class 2/21

**8-12 years**

**Magical Love Garden Clay Art**
Explore the colorful world of air dry clay. Bring 3 beautiful, spring-themed art projects home at the end of the session. Participants will have fun learning new skills such as hand sculpting, making miniature figurines, animals, and more from clay. A $40 supply fee is due at registration. For more information, visit: www.angelhouze.com
Nature House | Instructor: Angel Houze

11 classes | $180R/$198N
5826 Sa 2/3-4/28* 4:30pm-5:30pm
5828 Sa 2/3-4/28* 5:30pm-6:30pm
No classes 3/17, 3/24

**5-8 years**

**Youth Ceramics**
All skill levels are welcome. Projects will include a pinch pot, coil pot, slab work, and sculpture. All materials used are lead-free and non-toxic. A $25 supply fee is due at registration. Contact ekdpottery@yahoo.com for more information.

Cultural Arts Building Pottery Studio | Instructor: Erin Davis

4 classes | $75R/$83N
5805 W 2/7-2/28 4:00pm-5:00pm
5811 W 2/7-2/28 5:00pm-6:00pm
5806 W 3/7-3/28 4:00pm-5:00pm
5812 W 3/7-3/28 5:00pm-6:00pm
5814 W 4/11-5/2 5:00pm-6:00pm
5807 W 4/11-5/2 4:00pm-5:00pm
5815 W 5/9-5/30 5:00pm-6:00pm
5808 W 5/9-5/30 4:00pm-5:00pm

**Performing Arts**

**BAY AREA CHILDREN’S THEATRE**

**2nd-5th Grade**

**Little Performers—Rainbow Fish KIDS**
Students will build their own play based on the characters in “Rainbow Fish KIDS,” relying on their imaginations and guided by their teacher. These Little Performers create a brand new story full of adventure, song, and dance. Their play will be showcased as the prologue to the Young Performers class final production and they will then join the older students on stage in the finale of “Rainbow Fish KIDS.”

Final performances:
Tuesday class—Sa, 5/19, 1:00pm
Thursday class—Sa, 5/19, 4:00pm
Saturday class—Sa, 5/19, 11:00am
Instructor: Bay Area Children’s Theatre
Veterans Memorial Building

13 classes | $170R/$185N
6306 Tu 2/6-5/8* 3:30pm-4:15pm
6308 Th 2/8-5/10* 3:30pm-4:15pm

Firehouse Arts Center Classroom B

6313 Sa 2/10-5/12* 3:00pm-4:15pm
*No class 3/31, 4/3, 4/5

**PERFORMING ARTS CLASSES AND WORKSHOPS FOR KIDS**

Experienced and brand new performers will have a great time in these classes, camps, and workshops designed with arts education, collaboration, and fun in mind.

**Ages 7-10 | 3rd-5th Grade**

**Spring Drama Camp**
Young performers will engage in scene work, music theater, a possible one-act play, and ensemble building in this spring camp designed to build skills and energize students for the upcoming season of Summer Drama Camps. Students should bring their own lunch; afternoon snack is provided. In-camp culminating performance at the Firehouse Arts Center Fr, 4/6, 1:00pm.
Firehouse Arts Center Classroom B | Instructor: Jeff Zavattero

5 classes | $171R/$188N
6322 M-F 4/2-4/6 9:00am-3:00pm

Phone: (925) 931-5340
**Exercise & Wellness**

**DANCE WITH JILLIAN GREEN**
For more information, call: (925) 344-1123 or email: office@jilliandance.com

6-9 years

**Beginning Ballet**
Students will learn beginning ballet techniques as well as be introduced to famous ballets through short stories and video clips. We will also have fun creating props/accessories for 2 mini performances during the session. Ballet shoes and attire required and hair pulled back securely. A $20 supply fee is due at registration.

Cultural Arts Building | Instructor: Jillian Green

| 12 classes | $222R/$244N |
| 5791      | Tu 2/13-5/8* 4:00pm-5:00pm |
| *No class 4/3 |

6-9 years

**Bollywood**
Learn hand and leg coordination, spacing footwork and develop amazing motor skills while dancing to your favorite Bollywood tunes. Class will end in a spring recital at the end of May. Contact vmusic.lesson@gmail.com for more information.

Cultural Arts Building | Instructor: Vaishnavi Misra

| 12 classes | $180R/$198N |
| 6166      | Su 2/4-5/13* 10:05am-10:50am |
| *No class 3/4, 3/18, 4/1 |

7-10 years

**Hip Hop for Kids**
Students will learn elements of multiple hip-hop techniques like break dance and popping, as well as current choreography trends. New dance moves will be learned every week as we build a routine to share with family and friends on our final day.

Cultural Arts Building | Instructor: Jillian Green

| 12 classes | $222R/$244N |
| 5792      | W 2/14-5/9* 4:30pm-5:30pm |
| *No class 4/4 |

6-12 years

**Tae-Kwon-Do for Kids**
This program focuses on teaching life skills through Tae-Kwon-Do. Your child will develop lifelong skills, such as courtesy, integrity, and self-control. We will work towards building health and fitness awareness. A uniform is recommended and can be purchased at the first class. For more information, contact: juestkd@juestkd.com.

Cultural Arts Building | Instructor: Gordon Jue

| 16 classes | $240R/$264N |
| 5857      | Tu 2/6-5/29* 5:00pm-6:00pm |
| 5858      | Th 2/8-5/31* 4:00pm-5:00pm |
| *No class 4/3, 4/5 |

6-12 years

**Albany Karate**
Students will learn Tae-Kwon-Do, Japanese weapons, and self-defense in a positive and fun, non-aggressive class. Students may participate in Belt Tests and tournaments. First time students may purchase uniform directly from instructor for $65. Visit: www.albanykarateforkids.com for more information.

Cultural Arts Building | Instructor: Kurukula Staff

| 13 classes | $234R/$257N |
| 5722 | F 2/2-5/25* 4:20pm-5:20pm |
| *No class 2/16, 3/16, 3/30, 4/6 |

Based on Meredith Willson’s six-time-Tony-Award-winning musical comedy, The Music Man JR. features some of musical theatre’s most iconic songs and a story filled with wit, warmth and good old-fashioned romance. The Music Man JR. is family entertainment at its best — a bold, brassy show that will have the whole town atwitter!

Civic Arts Stage Company 2017-18 Season

**Performances:**
Fridays & Saturdays
March 16-March 24
7:30pm

Saturdays & Sundays
March 17-March 25
2:00pm

**Firehouse Arts Center**
4444 Railroad Avenue

**Tickets:** $7-$18
firehousearts.org

Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)
**Exercise & Wellness**

**Ages 5 & up**

**Traditional Japanese Karate**
Learn the Traditional Japanese Karate style called Shito Ryu with a focus on building confidence, living honorably, and learning effective self-defense. Uniform is required and may be purchased for $30 on the first day of class. Please visit www.daytimedragon.com to learn more.

Veterans Memorial Building | Instructor: Daniel Reddell

**Ages 5-12 | Beginner/Intermediate**

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<td>5678 M 4/9-4/30 5:00pm-5:45pm</td>
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*A no class 2/19, 3/14*

**Ages 8 and up | Intermediate/Advanced**

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*A no class 2/19, 3/14*

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**SILICON VALLEY 4 U**
For more information, contact info@silicon-valley4u.com.

**5-8 years**

**Jumpstart to Computer Basics**
Learn the basic skills required to work with Windows. If you’re a PC beginner, you can learn about the keyboard, mouse, and basic techniques that are used day-to-day. A $30 supply fee is due at registration.

Amador Recreation Center | Instructor: Silicon Valley 4 U

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**PANS ON FIRE**
8-12 years

A $10 supply fee is due at registration. For more information, contact: Pans On Fire at (925) 600-7267.

**All About Pie**
Learn how to make perfect pie crusts. Graham cracker crust, cookie crust, and more for pies and tarts in this hands-on baking class.

Pans on Fire | Instructor: Pans On Fire

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**Piece ‘o Cake**
Cakes come in all shapes, sizes, textures and flavors. You’ll explore several varieties in this hands-on baking class, including decorating tips and techniques.

Pans on Fire | Instructor: Pans On Fire

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<th>$65R/$72N</th>
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</thead>
<tbody>
<tr>
<td>5974 Tu 4/3 10:00am-1:00pm</td>
<td></td>
</tr>
</tbody>
</table>

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**Coding for Kids**
We have created a young code-ey pathway to graduate to the next level of programming language. We create a strong foundation making coding easy.

A $45 supply fee is due at registration.

Amador Recreation Center | Instructor: Silicon Valley 4 U

<table>
<thead>
<tr>
<th>8 classes</th>
<th>$229R/$252N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6246 M 1/29-3/26* 4:00pm-5:00pm</td>
<td></td>
</tr>
<tr>
<td>6247 M 4/9-5/28 4:00pm-5:00pm</td>
<td></td>
</tr>
</tbody>
</table>

*A no class 2/19*

---

**3D Printing**
This course will teach you the basics of 3D modeling and printing, converting images to 3D models and critical basic concepts using Bender. A $45 supply fee is due at registration.

Amador Recreation Center | Instructor: Silicon Valley 4 U

<table>
<thead>
<tr>
<th>8 classes</th>
<th>$200R/$220N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6241 Tu 2/6-3/27 5:15pm-6:15pm</td>
<td></td>
</tr>
<tr>
<td>6242 Tu 4/10-5/29 5:15pm-6:15pm</td>
<td></td>
</tr>
</tbody>
</table>

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**7-12 years**

**Mythology Island**
You and your tribe will travel back to ancient Greece where you’ll take on myth-worthy challenges at destinations like Poseidon’s Seas, Parthenon Party Place and Medusa’s Pet Rock Playground. For more information, visit www.challenge-island.com.

Cultural Arts Building | Instructor: Challenge Island Staff

<table>
<thead>
<tr>
<th>6 classes</th>
<th>$60R/$66N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6464 M 2/5-3/26* 4:00pm-5:00pm</td>
<td></td>
</tr>
</tbody>
</table>

*A no class 2/12, 2/19*

---

**6-12 years**

**Like us on Facebook:** Pleasanton Community Services

**Follow us on Instagram:** Pleasantonfun

**Phone:** (925) 931-5340
Special Interest

6-12 years

**Chess**
Chess is fun and can be learned quickly and easily. Studies have found that chess helps improve test results in reading, science, and math and produces growth in critical cognitive skills. Beyond academia, chess influences social skills, self-esteem, respect and patience. For more information visit berkeleychessschool.org.

Nature House | Instructor: Berkeley Chess School

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5831</td>
<td>W</td>
<td>2/7-3/28</td>
</tr>
<tr>
<td>5832</td>
<td>W</td>
<td>4/11-5/30</td>
</tr>
</tbody>
</table>

**MAD SCIENCE**

**6-12 years**
For more information, contact info@madssciencemd.com. A $30 supply fee is due at registration.

**Crazy Chemworks!**
Students will learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results.

Veterans Memorial Building | Instructor: Mad Science Of Mt. Diablo

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5849</td>
<td>W</td>
<td>2/14-4/25</td>
</tr>
</tbody>
</table>

**Energy Blast!**
Understand the basics of energy, how it moves, how it can be trapped and how we can use it better. Light, heat, electricity and sound are all explored.

Veterans Memorial Building | Instructor: Mad Science Of Mt. Diablo

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5964</td>
<td>Tu</td>
<td>2/6-3/27</td>
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</tbody>
</table>

**Secret Agent Lab**
Students will create, collect, and analyze evidence and discover what skills are necessary as a crime scene lab technician.

Veterans Memorial Building | Instructor: Mad Science Of Mt. Diablo

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>5966</td>
<td>Tu</td>
<td>4/10-5/29</td>
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</table>

7-10 years

**Code Class**
This beginner coder class teaches the fundamentals of computer programming through building games in a drag-n-drop language. For more information visit www.thecoderschool.com/pleasanton

The Coder School | Instructor: The Coder School

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6427</td>
<td>Tu</td>
<td>2/6-3/27</td>
</tr>
<tr>
<td>6428</td>
<td>Tu</td>
<td>4/10-5/29</td>
</tr>
</tbody>
</table>

8-12 years

**Beginning Guitar**
We will work with chords, tabs, and notes in this entry level class. Bring your own guitar. 
A $15 supply fee is due at registration. Contact kaknox7@aol.com for more information.

Nature House | Instructor: Debra Knox

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>5809</td>
<td>Tu</td>
<td>2/6-2/27</td>
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<tr>
<td>5810</td>
<td>Tu</td>
<td>3/6-3/27</td>
</tr>
<tr>
<td>5813</td>
<td>Tu</td>
<td>4/3-4/24</td>
</tr>
<tr>
<td>5816</td>
<td>Tu</td>
<td>5/8-5/29</td>
</tr>
</tbody>
</table>

8-12 years

**GURUS EDUCATION**

**Contact info@guruseducation.com for more information.**

**6-9 years**

**Young Masters of Public Speaking and Writing**
Young students learn how to present and write speeches, poems and stories in six easy steps.

Amador Recreation Center | Instructor: Gurus Education

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>5849</td>
<td>W</td>
<td>2/14-4/25</td>
</tr>
</tbody>
</table>

**7-11 years**

**Medi Kids—Health Matters**
Get your children excited about health matters and essentials of medicine: personal hygiene, eating right, exercising, how to take care of their wounds and more.

Amador Recreation Center | Instructor: Gurus Education

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6454</td>
<td>F</td>
<td>2/16-5/11</td>
</tr>
</tbody>
</table>

**10-14 years**

**Masters of Public Speaking and Debate skills**
In the debate section, the students not only voice their opinions but also listen to the other side. Students become better listeners and learn note-taking strategies, making them effective communicators.

Amador Recreation Center | Instructor: Gurus Education

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>5850</td>
<td>W</td>
<td>2/14-4/25</td>
</tr>
</tbody>
</table>

**10-16 years**

**Personal Finance Spending and Saving**
This module covers how to spend and save wisely, how to apply strategies to monitor income and expenses, and how to plan to spend or save for future goals.

Amador Recreation Center | Instructor: Gurus Education

<table>
<thead>
<tr>
<th>Class</th>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>5851</td>
<td>W</td>
<td>2/14-4/25</td>
</tr>
</tbody>
</table>

Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)
Nature House | Instructor: Lekha School

### Special Interest

#### LEKHA SCHOOL
Contact info@lekhaink.com for more information.

9-12 years

**Creative Writing**
Students will be introduced to a variety of fiction and nonfiction. They will learn how each genre has its own particular rules that drive character creation, setting and plot.

Nature House | Instructor: Lekha School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>8</td>
<td>M</td>
<td>2/5-3/26</td>
<td>4:00pm-5:00pm</td>
</tr>
</tbody>
</table>

5-7 years

**Early Reading**
This reading process requires continuous practice, development and refinement. At Lekha Early Readers, children will learn how to read using interactive phonics methods.

Nature House | Instructor: Lekha School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>8</td>
<td>Th</td>
<td>2/8-3/29</td>
<td>4:00pm-5:00pm</td>
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</tbody>
</table>

9-12 years

**Essay Writing**
Students will write three-to-five paragraph essays. In addition to planning and outlining their essays, students will learn how to write appropriate topic sentences and powerful thesis statements.

Nature House | Instructor: Lekha School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Th</td>
<td>4/12-5/31</td>
<td>4:00pm-5:00pm</td>
</tr>
</tbody>
</table>

6-9 years

**Beginning Creative Writing**
The elements of story writing (character, setting, plot, conflict) will be the focus of this course.

Nature House | Instructor: Lekha School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6004</td>
<td>M</td>
<td>2/5-3/26</td>
<td>4:00pm-5:00pm</td>
</tr>
</tbody>
</table>

9-12 years

**Narrative Essay**
This course will focus on developing a student’s ability to write in the first person. Students will write three-to-five paragraph essays. They will learn to plan and outline their essays as well as how to revise their essays.

Nature House | Instructor: Lekha School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6001</td>
<td>Th</td>
<td>2/8-3/29</td>
<td>5:15pm-6:15pm</td>
</tr>
</tbody>
</table>

**FUN WITH ACADEMICS**
Visit funwithacademics.com for more information.

6-12 years

**Fun with Programming—Animate!**
Have fun learning how to write code to create dynamic, animated digital art and web pages with images, shapes, sounds, and text! Students will learn the fundamentals of computer programming using the very popular language, JavaScript.

Cultural Arts Building | Instructor: Fun With Academics

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>5834</td>
<td>Th</td>
<td>2/8-3/8</td>
<td>5:00pm-6:00pm</td>
</tr>
</tbody>
</table>

6-12 years

**Fun with Programming—Mini-Games**
Have fun learning how to write code to create mini-games in a web browser and learning how to make game characters move and jump! Students will learn the fundamentals of computer programming using the very popular language, JavaScript.

Cultural Arts Building | Instructor: Fun With Academics

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5835</td>
<td>Th</td>
<td>4/12-5/10</td>
<td>5:00pm-6:00pm</td>
</tr>
</tbody>
</table>

#### LITTLE MEDICAL SCHOOL
Visit www.littlemedicalschool.com for more information. A $25 supply fee is due at registration.

4-9 years

**Little Pediatrician**
Using our successful role-playing techniques, students will assume the role of a pediatrician and learn how to hold a baby, do an exam, change a diaper and keep a baby safe.

Nature House | Instructor: Little Medical School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5877</td>
<td>Tu</td>
<td>4/10-5/15</td>
<td>4:30pm-5:30pm</td>
</tr>
</tbody>
</table>

6-11 years

**Little Sports Medicine**
Learn about common problems from playing sports such as sprains, strains, and athlete’s foot. See what it is like to be an orthopedic surgeon and perform Tommy John Surgery. Make a model of the hand and see how the tendons and ligaments work.

Nature House | Instructor: Little Medical School

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5879</td>
<td>Tu</td>
<td>2/6-3/13</td>
<td>4:30pm-5:30pm</td>
</tr>
</tbody>
</table>

#### BRICKS 4 KIDZ
Visit www.bricks4kidz.com for more information.

5-12 years

**Inspired by LEGO® World of Science**
Budding astronomers, meteorologists, zoologists, and inventors will learn about space, weather, animals, and more! Build awesome scientific models and gadgets using LEGO® Bricks that are sure to spark both imagination and intellect.

Amador Recreation Center | Instructor: Bricks 4 Kidz

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5822</td>
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<td>2/6-3/27</td>
<td>4:00pm-5:00pm</td>
</tr>
<tr>
<td>5823</td>
<td>Th</td>
<td>2/8-3/29</td>
<td>4:00pm-5:00pm</td>
</tr>
</tbody>
</table>

5-12 years

**Inspired by LEGO® Engineering Adventures!**
Come experience engineering adventures with us! Put your engineering skills to the test and build bridges, buildings, vehicles and more using LEGO® Bricks!

Amador Recreation Center | Instructor: Bricks 4 Kidz

<table>
<thead>
<tr>
<th>Classes</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
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<td>5825</td>
<td>Th</td>
<td>4/12-5/31</td>
<td>4:00pm-5:00pm</td>
</tr>
</tbody>
</table>

Phone: (925) 931-5340
Sports

8-11 years

Club VIP Youth Progressive Volleyball Class

Players will be taught how to pass, set, serve, and spike in a fun atmosphere. Our hopes are to establish a great foundation that will excite players to continue playing volleyball in the future.

Pleasanton Middle School Gym | Instructor: Club VIP Volleyball

<table>
<thead>
<tr>
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<th>$55R/$61N</th>
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</thead>
<tbody>
<tr>
<td>6354</td>
<td>M</td>
</tr>
<tr>
<td>6355</td>
<td>M</td>
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</tbody>
</table>

6-12 years

Skateboard Class

Learn how to skateboard safely and properly with Rob Skate Academy’s professionally trained staff. The Bay Area’s longest standing, award winning program with phenomenal reviews and highly praised teaching methods. Please provide your own skateboard and helmet. Rentals must be booked in advance. Visit www.robskate.com for more information.

Val Vista Skatepark | Instructor: Robert Ferguson

<table>
<thead>
<tr>
<th>1 Class</th>
<th>$35R/$39N</th>
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<tbody>
<tr>
<td>6825</td>
<td>Sa</td>
</tr>
<tr>
<td>6826</td>
<td>Sa</td>
</tr>
<tr>
<td>6827</td>
<td>Sa</td>
</tr>
<tr>
<td>6828</td>
<td>Sa</td>
</tr>
</tbody>
</table>

KIDZ LOVE SOCCER

Sessions include age-appropriate activities: skill demonstrations, fun games, and instructional scrimmages. All participants receive a KLS jersey! Shin guards are required after the first meeting.

Rainout Hotline: (888) 372-5803
Instructor: Kidz Love Soccer Staff

5-6 years

Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, defense, etc. Small-sided soccer matches will be introduced gradually.

Ken Mercer Sports Park Field—Skateboard Grass Area

<table>
<thead>
<tr>
<th>9 classes</th>
<th>$125R/$138N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6335</td>
<td>Tu</td>
</tr>
<tr>
<td>6336</td>
<td>F</td>
</tr>
<tr>
<td>6337</td>
<td>Sa</td>
</tr>
</tbody>
</table>

*No class 5/26

7-10 years

Skillz & Scrimmages

Kids will enjoy advanced skill building: dribbling, passing, and shooting in a team play format. All levels are welcome to come enjoy the world’s most popular game!

Ken Mercer Sports Park Field—Skateboard Grass Area

<table>
<thead>
<tr>
<th>9 classes</th>
<th>$125R/$138N</th>
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</thead>
<tbody>
<tr>
<td>6338</td>
<td>Tu</td>
</tr>
<tr>
<td>6340</td>
<td>F</td>
</tr>
<tr>
<td>6342</td>
<td>Sa</td>
</tr>
</tbody>
</table>

*No class 5/26

10-12 years

Match Play

Get your kicks in during non-competitive match play. Teams are reshaped weekly to encourage individual player development, variety and the opportunity to work with different players.

Ken Mercer Sports Park Field—Skateboard Grass Area

<table>
<thead>
<tr>
<th>9 classes</th>
<th>$125R/$138N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6278</td>
<td>Tu</td>
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</tbody>
</table>

6-12 years

Skyhawks Basketball Skills Clinic

Clinics will focus on the development of basketball fundamentals, with an emphasis on teaching the game of basketball in parts. Each clinic will focus on a new basketball skill, which will continue to progress the entire clinic series.

Harvest Park Middle School Gym | Instructor: Skyhawks East Bay Sports

6-8 years

<table>
<thead>
<tr>
<th>4 classes</th>
<th>$95R/$105N</th>
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</thead>
<tbody>
<tr>
<td>6310</td>
<td>Sa</td>
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</table>

5 classes | $119R/$131N

| 6304      | Sa         | 4/14-5/12 | 9:00am-10:30am |

9-12 years

<table>
<thead>
<tr>
<th>4 classes</th>
<th>$95R/$105N</th>
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</thead>
<tbody>
<tr>
<td>6311</td>
<td>Sa</td>
</tr>
</tbody>
</table>

5 classes | $119R/$131N

| 6305      | Sa         | 4/14-5/12 | 10:30am-Noon |

*No class 3/3

5-7 years

Wee Hoop Basketball Ballers

This course introduces team dynamics and incorporates game play. Prior basketball experience is required. Participants are required to bring a size 27” ball.

Thomas Hart Middle School Gym | Instructor: Wee Hoop Basketball

<table>
<thead>
<tr>
<th>9 classes</th>
<th>$130R/$143N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6300</td>
<td>W</td>
</tr>
<tr>
<td>6302</td>
<td>Sa</td>
</tr>
</tbody>
</table>

*No class 3/31, 4/4, 4/7

Enroll now: www.pleasantonfun.com  School Age Children • 19
6-11 years

3, 2, 1... Lift Off!
Learn characteristics of the planets and discover the wonders of the Milky Way. See how air and wind affect kites, hot air balloons and parachutes. Each student will build their own launchable rocket to take home. A $30 supply fee is due at registration. For more information, contact: info@mads ciencemd.com
Cultural Arts Building | Instructor: Mad Science Of Mt. Diablo
5 classes | $250R/$275N
5962 M-F 4/2-4/6 9:00am-Noon

6-11 years

Little Veterinary School
Students will learn to make important measurements on their very own stuffed animal dog. They will also learn how to remove ticks, the importance of vaccines, and how much water dogs need. A $25 supply fee is due at registration. For more information, visit: www.littlemedicalschool.com
Nature House | Instructor: Little Medical School
5 classes | $250R/$275N
5961 M-F 4/2-4/6 9:00am-Noon

6-9 years

Public Speaking—Building Confidence
Taught using the fun concepts of (don’t) show and tell, storytelling (scary and funny stories!), reciting poems, and pretend games. Participants begin to understand the concepts and importance of maintaining eye contact, good posture, volume and expressions. For more information, contact: info@guruseducation.com
Amador Recreation Center | Instructor: Gurus Education
5 classes | $199R/$219N
5848 M-F 4/2-4/6 1:00pm-4:00pm

10-14 years

Club VIP Spring Volleyball
You will learn the fundamentals of volleyball, develop proper mechanics and gain game play experience. We welcome all players from beginners to intermediate levels.
Veterans Memorial Building—Sand Volleyball Courts
Instructor: Club VIP Volleyball
4 classes | $80R/$88N
6361 M-Th 4/2-4/5 2:00pm-4:00pm

5-13 years

Championship Basketball
The camp emphasizes ball handling, passing, dribbling, footwork, shooting, rebounding, and defense. We also stress the importance of building teamwork, discipline, sportsmanship, and enjoyment of the game. Instruction provided by Dougherty High School Boys Varsity basketball coach.
Foothill High School Main Gym | Instructor: Mike Hansen
5 classes | $245R/$270N
6208 M-F 4/2-4/6 9:00am-2:00pm

Spring Ridge Runner Nature Day Camp—see Natural World section, Page 30.
6-12 years

**Scooter Camp**
Join the Scooter Academy and staff for an adventure of a lifetime. You’ll learn the latest and greatest tricks from our well trained staff. Please provide your own scooter and helmet. Visit www.robskate.com for more information. Val Vista Skateboard Park | Instructor: Robert Ferguson

| 5 Classes | $179R/$197N |
| 6135 | M-F | 4/2-4/6 | 9:00am-Noon |

6-12 years

**Skateboard Camp**
Learn how to skateboard safely and properly with Rob Skate Academy’s professionally trained staff. The Bay Area’s longest standing, award winning program with phenomenal reviews and highly praised teaching methods. Please provide your own skateboard and helmet. Rentals must be booked in advance. Visit www.robskate.com for more information. Val Vista Skateboard Park | Instructor: Robert Ferguson

| 5 Classes | $179R/$197N |
| 6133 | M-F | 4/2-4/6 | 9:00am-Noon |

5.5-10 years

**Acrylic Painting Camp**
We'll paint a colorful butterfly, a beautiful ladybug and a blossoming tree. We'll create the art by sponge painting, finger painting, using brushes and other fun materials. Wear paint-appropriate clothing. An $8 supply fee is due at registration. Contact Zina at (510) 381-3660 for more information. Firehouse Arts Center Classroom A | Instructor: Zina Kassab

| 5 classes | $150R/$165N |
| 6237 | M-F | 4/2-4/6 | 10:00am-Noon |

8-12 years

**Enchanted Spring Clay Art Camp**
We will be sculpting spring ornaments with air dry clay. You will bring home beautiful wall art, pencil holder, and hat hanger decorated with ornaments such as flowers, butterflies, bees, ladybugs, and more. A $50 supply fee is due at registration. For more information, visit www.angelhouze.com

Nature House | Instructor: Angel Houze

| 5 classes | $250R/$275N |
| 5830 | M-F | 4/2-4/6 | 1:00pm-4:00pm |

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**Pleasanton Police Teen Academy**

Participants ages 14-18 will have a unique opportunity to learn about law enforcement from officers themselves. Topics include Patrol, Dispatch, SWAT, Investigations, Traffic, K-9, Evidence Collection and Animal Services.

**Tuesday - Thursday**
**June 12th - June 28th**
**2:00pm - 5:00pm**

*Two evening sessions for special events*

Pleasanton teens can obtain an application at the Police Department or by calling Academy Coordinator, School Resource Officer, Michael Rossillon at (925) 931-5215 or at www.pleasantonpd.org Applications must be submitted by May 12th.
Dublin Pleasanton Community Bike Ride
Saturday, May 19, 2018
10:00am-12:00pm
Trek through Pleasanton and Dublin on two wheels! Join in on an easy-paced bike ride for all skill levels led by Mike’s Bikes Pleasanton. Recommended minimum age 10+, accompanied by an adult. Pre-registration required.

FREE BIKE SAFETY CLASSES

Urban Cycling Day 1 Classroom Workshop:
March 24, 10am-12pm

Urban Cycling Day 2 Road Class:
April 15, 10am-3:30pm
Amador Recreation Center, 4455 Black Avenue
To register, visit www.bikeeastbay.org/education

Pleasanton is a BICYCLE FRIENDLY COMMUNITY as recognized by the League of American Bicyclists. For more information, visit www.bikeleague.org.

For bike events & activities information, visit www.CityofPleasantonCA.gov/bikeevents
THE ARTS

10-14 years

Drawing and Painting Animals for Tweens & Teens
We’ll be using pencil, pen, acrylics and more to draw and paint a variety of animals. Learn how to draw eyes that have life, create fur and other textures and more. A $15 supply fee is due at registration. For more information, contact dwardrope@sbcglobal.net.
Firehouse Arts Center | Instructor: Debbie Wardrope
4 classes | $85R/$94N
6141 Tu 5/8-5/29 5:15pm-6:30pm

10-14 years

Dynamic Drawing for Tweens & Teens
We’ll be learning about space, proportion, values and shading, line and more while using colored pencils, pen, ink, soft and oil pastels and other media to create dynamic drawings. A $15 supply fee is due at registration. For more information, contact dwardrope@sbcglobal.net
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope
4 classes | $85R/$94N
6139 Tu 3/6-3/27 5:15pm-6:30pm

12-15 years

Youth Throwing
Come explore sculpture! Instruction will cover basic sculpture techniques. Projects will include a self likeness head, an animal and more. A $25 supply fee is due at registration. For more information, contact ekdpottery@yahoo.com
Cultural Arts Building Pottery Studio | Instructor: Erin Davis
3 classes | $95R/$105N
5765 M 2/5-2/26* 4:00pm-5:30pm
5766 M 3/5-3/26 4:00pm-5:30pm
5767 M 4/9-4/30 4:00pm-5:30pm
5768 M 5/7-5/28 4:00pm-5:30pm
*No class 2/19

IMPROV FOR TEENS

Grades 6-8 | 11-14 years

COI Middle School Phase III
Prerequisite: COI Middle School Phase II or Creatures of Impulse Teen Improv Camp.
Students in Phase III will be introduced to long-form improv and the Improv Herald. The basic story spine, scene work, space object work, and supporting one another to tell a story will be the focus. A culminating in-class performance is scheduled for the final class.
Firehouse Arts Center Classroom B | Instructor: Jeff Zavattero
6 classes | $137R/$150N
6315 W 4/11-5/16 4:00pm-6:00pm

Grades 8-11 | 12.5-18 years

Improv Audition Workshop
What in the world does an improv audition look like? Learn effective practices, improv games, and more in this workshop designed to prepare you for improv auditions with Creatures of Impulse, in college, and in the professional improv theater community.
Firehouse Arts Center Classroom B | Instructor: Mark Duncanson
1 Class | $30R/$37N
6319 W 5/23 4:00pm-6:30pm

PERFORMING ARTS CLASSES & WORKSHOPS

Experienced and brand new performers will have a great time in these classes, camps, and workshops designed with arts education, collaboration, and fun in mind.

Grades 6-8 | 11-14 years

Music Theater Vocal Coaching for Middle School
Young performers in middle school will take their theatrical experience to the next level with this 4-week class designed to fine-tune their musical theater song technique. Performers will learn skills they can apply in current musical productions and music theater auditions. Participants are asked to come with sheet music (vocals and piano accompaniment) for their favorite song from a musical that they will work on for this 4-week session.
Location: Firehouse Arts Center Classroom B | Instructor: Andrew Mondello
4 classes | $160R/$176N
6316 M-F 2/26-3/19 4:00pm-6:00pm

12-18 years

Spring Drama Camp for TEENS
Young performers will engage in scene work, dance, music theater, and ensemble building in this spring camp designed to build skills and prepare students to audition for Summer Drama Camps and to audition for the 2018 full-length Teen Summer Musical. Participants will work on a variety of scenes, songs, and monologues from various shows. This camp ends in culminating camp performance at the Firehouse Arts Center Friday, 4/6 at 1:00pm.
Location: Firehouse Arts Center | Instructor: Andrew Mondello
5 classes | $171R/$188N
6317 M-F 4/2-4/6 9:00am-3:00pm

Enroll now: www.pleasantonfun.com
FRESHi MEDIA WEB-BASED LESSONS
9-18 years
Freshi Learning Online provides students with digital media software and pre-recorded, self-paced lesson plans. Students will be able to complete these courses at their own pace and are not required to attend scheduled online sessions. Freshi lessons are available 24/7/365! Our digital media software is compatible with Mac and PC computers. For more information, contact: tyler.shoemaker@freshimedia.com

Digital Music Creation & Skills
Students will develop their own music using the tools provided with Reason Essentials software.
Web-Based Course | Instructor: Freshi Media
3-month subscription | $159R/$175N
5991 web-based lessons

Video Game Coding & Design
Learn a great new skill and create original 2D video game concepts! Students will create awesome, original characters and will use logic based coding to make them interact and move.
Web-Based Course | Instructor: Freshi Media
3-month subscription | $89R/$98N
5985 web-based lessons

3-D Animation Skills
Students use Blender to create fun and original 3D animated shapes, characters and short animations. This course is perfect for youth interested in art, graphic design or animation.
Web-Based Course | Instructor: Freshi Media
3-month subscription | $59R/$65N
5988 web-based lessons

Introduction to Web Design!
Using Freshi Learning Online lessons and Wordpress CMS, students will learn about creating and updating a website and sharing their content with the world!
Web-Based Course | Instructor: Freshi Media
3-month subscription | $59R/$65N
5983 web-based lessons

13-17 years
Beginning Guitar
We will learn songs using chords, tabs, and notes. Bring your own guitar. A $15 supply fee is due at registration. For more information, contact: kaknox7@aol.com
Nature House | Instructor: Debra Knox
4 classes | $149R/$164N
5817 Tu 2/6-3/27 7:00pm-7:45pm
5818 Tu 3/6-4/27 7:00pm-7:45pm
5819 Tu 4/3-4/24 7:00pm-7:45pm
5820 Tu 5/8-5/29 7:00pm-7:45pm

11-14 years
Middle School Life Skills Boot Camp
We will look into managing stress, making healthy choices, managing social life/media and building a tool kit for success. Visit www.tri-valleycommunitycounseling.com for more information.
Nature House | Instructor: Elizabeth Gottfred, LMFT & Jamie Schellenberg, LMFT
4 classes | $100R/$110N
6435 M 4/9-4/30 7:00pm-8:30pm

13-17 years
Android App Development
In this course you will learn to build on your existing Java knowledge to deliver robust business applications for Android phones and tablets. A $30 supply fee is due at registration. For more information, contact: info@siliconvalley4u.com
Amador Recreation Center | Instructor: Silicon Valley 4 U
7 classes | $175R/$193N
6248 M 2/5-3/26 5:30pm-6:30pm
8 classes | $200R/$220N
6249 M 4/9-5/28 5:30pm-6:30pm
*No class 2/19

Like us on Facebook: Pleasanton Community Services
Follow us on Instagram: Pleasantonfun
EXERCISE & WELLNESS

10-14 years

Tween/Teen Hip Hop
Students will learn elements of multiple hip-hop techniques like break dance and popping, as well as current choreography trends. New dance moves will be learned every week as we build a routine to share with family and friends on our final day. For more information, contact office@jilliandance.com
Cultural Arts Building | Instructor: Jillian Green

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KURUKULA

For more information, visit www.kurukula.org.

10-16 years

Kurukula Girls: Assertiveness, Confidence & Self Defense
Imagine walking confidently around school because you have inner strength and self-esteem. In this dynamically FUN class, girls learn effective assertiveness skills, signs of healthy relationships and self defense skills. Kurukula empowers young women with tools they can use. A $45 supply fee is due at registration.
Cultural Arts Building | Instructor: Kurukula Staff

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SPORTS

12-14 years

Club V.I.P. Spring Girls’ Volleyball League
Each of the teams in the programs will have a Club V.I.P. coach running practices and supervising tournaments. The season will include skilled instructional practices and developmental team play. High School players will coach teams during tournaments. For additional information, visit www.clubvipvbc.com/girls-league/.
Pleasanton Middle School Gym | Instructor: Club VIP Volleyball

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<th>5 classes</th>
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See page 20 for Spring Break Sports Camps

Follow us on Instagram: Pleasantonfun
Like us on Facebook: Pleasanton Community Services

Enroll now: www.pleasantonfun.com
Leadership In Training Program

Participants will gain valuable work experience and on the job training by working closely with City of Pleasanton staff.

Open to all students entering grades 9-12 in Fall 2018. The LIT program gives teens the opportunity to prepare for future employment through training in essential job skills and engaging in meaningful volunteer work.

Applications will be available beginning March 2018

Application Deadline is Friday, April 20, 2018

For more information & application, visit:
http://www.ptownlife.org/work/volunteer-opportunities/

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PtownLife Webteam 2018-2019 Recruitment

Students must be entering 8th-12th grade in Fall 2018 to apply!

Volunteers will work with City Staff to take on the overall maintenance and continual management of the PtownLife website.

Are you interested in gaining experience in web design, management and marketing, and local journalism? Then the PtownLife Webteam could use a volunteer like you!

Please see http://ptownlife.org/about-us for available opportunities and application information.

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TEEN JOB & CAREER FAIR 2018

Saturday, March 3, 2018  1-4PM
Pleasanton Senior Center
5353 Sunol Boulevard, Pleasanton CA 94566

FREE ADMISSION!
FREE FOOD FOR JOB SEEKERS!

Meet with Employers • Apply for Jobs • Mock Interviews • Resume Workshops • How to Sell Yourself & More!

Bring a copy of your resume and dress in professional attire
Info: Ptownlife.org, (925)931-3432, or Info@Ptownlife.org

Don’t Miss Your Chance For a Summer Job!
**Presented by Creatures of Impulse**

**Improv Face-Off**

Wed, February 21 at 7:30pm*  
* $2 PREVIEW!  
Thu, February 22 at 7:30pm  
Fri, February 23 at 7:30pm  
Sat, Feb 24 at 2:00pm & 7:30pm  

at the Firehouse Arts Center

Creatures of Impulse takes a leap from the comedy turnbuckles in their ninth season of Improv Face-Off. Watch as local Bay Area improv teams compete against Creatures of Impulse in this pro wrestling themed run of shows. Five performances, five different bouts, five reasons to see all five shows with an interactive format that gives the audience a chance to win prizes!

Director: Mark Duncanson and Jeff Zavattero

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**Totally Tubular**

A TOTALLY IMPROVISED 80S TEEN MUSICAL!  
Produced by special arrangement with Improvised 80’s Teen Movie

Slide on your legwarmers, buckle up your parachute pants, and get your sheet of cardboard ready to get funky! Creatures of Impulse will use your suggestions to moonwalk back in time to the most tubular decade ever. The stories, characters, songs, and music are all completely made up on the spot, so don’t miss all five performances.

Tuesday, May 15 at 7:30pm*  
$2 PREVIEW!  
Thursday, May 17 at 7:30pm  
Friday, May 18 at 7:30pm  
Saturday, May 19 at 2:00pm & 7:30pm

3 Shows | Students: $5.00 with valid student I.D. | General: $10.00  
Firehouse Arts Center | Director: Mark Duncanson

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**Teen Open Mic Night**

Friday March 9th, 2018  
7:00–9:00pm  
Inklings Coffee & Tea  
530 Main Street, Pleasanton

Showcase your talent in music, spoken word poetry or comedy! Performing is open to Pleasanton High School Students, all ages invited to attend!

For more information, please email info@ptownlife.org or call (925) 931-3473

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Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)
2 weekends of music for youth & families—by youth & families!

**Originality**
Saturday, April 14 | 7:30pm
Celebrate the spirit of originality as The Firehouse House Arts Center’s High School Music Collaborative brings you a concert of music written and performed by them. Music doesn’t get more youthful, original, and local than this.
Youth: $5.00 | General: $10.00
Best for audiences ages 12 & up.
Director: Mark Duncanson, Andrew Mondello, Jeff Zavattero

**High School Drama**
Saturday, April 21 | 2:00pm
A concert for all theater and music lovers! The High School Music Collaborative brings you songs from their favorite musicals and puts their own spin on them. Don’t miss an opportunity to support local young artists right here in Pleasanton!
Youth: $5.00 / General: $10.00
Director: Mark Duncanson, Andrew Mondello, Jeff Zavattero

**Matt Nakoa**
Friday, April 13 | 8:00pm
With multiple albums and songwriting awards (prestigious Kerrville Folk Festival), Matt tours internationally, recently performing at The White House and regularly with folk icon Tom Rush. His “heartfelt original” songs attract capacity crowds at NYC top piano bars. Great for high school students!

**Secret Agent 23 Skidoo**
Saturday, April 14 | 2:00pm
Secret Agent 23 Skidoo kicks off the 2018 Youth Music Festival. More Fraggles than Wiggles, more Soul Train than Thomas the Train, 23 Skidoo is equal parts Dr. Suess and Dr. Dre! The core of 23 Skidoo’s music is the celebration of creativity, exploration, adventure and diversity. Excellent for the whole family!

**Michael Wartella**
Saturday, April 21 | 8:00pm
Currently a working actor who performs with his band at venues like Studio 54, Michael’s youthful look and triple-threat talent have led him into some choice roles in contemporary theater. Some of his credits include: Mike TV in Charlie and the Chocolate Factory and Boq in Wicked (both on Broadway and in the National Tour). Excellent for middle and high school age students and their families!

Tickets for All Shows: www.firehousearts.org

Firehouse Arts Center | 4444 Railroad Avenue
5 years & up

**Follow the Yellow(ish) Bellied Newts!** *(Family Fun)*

Skip on up to Augustin Bernal to search for newts during their annual migration. Learn a plethora of fun facts about newts and observe them up close! Hike rain or shine.

Augustin Bernal Park | Instructor: Naturalist

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5-12 years

**Date Night**

It’s February and love is in the air! Take some time for yourself and your special someone while your children enjoy an entertaining night of campfire stories, songs, games and crafts! A pizza dinner will be provided.

Alviso Adobe | Instructor: Naturalist

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4-12 years

**Spring Celebration!**

Welcome Spring at the Alviso Adobe Community Park! Join us for egg-cellent activities and an egg scavenger hunt around the park!

Alviso Adobe | Instructor: Naturalist

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10 years & up

**New! | Introduction to Natural Dyeing**

Plants, minerals, and even fungi have been used for thousands of years to make textiles colorful. Learn about local plants used for color and naturally dye a textile yourself.

Alviso Adobe | Instructor: Naturalist

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8 years & up

**New! | Marvelous Mushrooms** *(Family Fun)*

Hike with the Naturalist at Augustin Bernal to learn about the secret lives of mushrooms and learn to distinguish a few edible and non-edible ones (no eating of mushrooms will be taking place on this hike!). Great for beginners; seasoned mushroom lovers welcome too! Rain or shine.

Augustin Bernal Park | Instructor: Naturalist

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Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)

Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)
7 years & up

**Earth Day Clean Up**

It’s Earth Day so let’s help Pleasanton be cleaner and greener by tidying up our local creeks and parks! One week before the event you and your party will be assigned to a habitat in Pleasanton in need of some help! Be sure to bring a water bottle, sunglasses, hat and your friends! Gloves and bags will be provided.

Various parks throughout Pleasanton

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6-10 years

**Spring Ridge Runners**

Come enjoy the outdoors while hiking our beautiful local trails! Be ready to have fun and get muddy. Locations subject to change due to weather. Look for email to confirm locations one week prior. Don’t forget your lunch! 4-day option provided for holiday travelers.

Alviso Adobe Off-Site | Instructor: Naturalist

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<tr>
<th>Classes</th>
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<td>4/2-4/6</td>
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4 classes | $168R/$185N

2-6 years

**Ladybug Day**

Did you know there are 175 species of ladybugs in California alone? There are close to 5,000 worldwide. Fly on up to the Alviso Adobe for our 11th Annual Ladybug Day! Learn about how these cute critters help our gardens while we search for them in in the park!

Alviso Adobe | Instructor: Naturalist

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2-5 years

**Nature Story Time**

First Tuesday of the month come up to the Alviso Adobe to enjoy stories, songs, dancing and crafts with our Naturalist and then stay and play at the Kids’ Corner.

Alviso Adobe | Instructor: Naturalist

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12-16 years

**Ridge Runners Counselor-in-Training Workshops**

This series of workshops is designed for Ridge Runners Counselor-In-Training (previously Leader). These workshops are for: new CIT, returning CIT, or counselor position applicants preparing for interviews. All new Ridge Runner CIT are required to attend the week long training camp June 11-15. Returning CIT are encouraged to attend training camp but may choose all three workshops in lieu of camp. For more information contact the Alviso Adobe office.

Alviso Adobe | Instructor: Naturalist

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**Public Speaking**

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**Plants and Animals**

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**Leadership Skills**

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ALVISO ADOBE COMMUNITY PARK

Arbor Day Picnic

SATURDAY, APRIL 28 | 11:00 AM - 12:30PM | FREE FAMILY EVENT

kids crafts | tree planting | free sapling

Come to the Adobe to celebrate Arbor Day, afterwards enjoy your lunch under the oaks! Must register for sapling at pleasantonfun.com using code 6680.

DO YOU WANT TO INSPIRE & EDUCATE YOUR COMMUNITY?

DOCENT TRAINING

Alviso Adobe Community Park is looking for Docents! Become a volunteer to get the inside scoop on history and learn to give tours of the park to the public.

Come to one of our docent training's on:
Saturday, February 10 10am-1pm
Saturday, March 10 10am-1pm

Lunch will be provided
Ages 16 and up

To register contact Elena Frink, City Naturalist
efrink@cityofpleasantonca.gov

ALVISO ADOBE COMMUNITY PARK | 3465 OLD FOOTHILL ROAD
(925)931-5479

Enroll now: www.pleasantonfun.com

Natural World • 31
Spring 2018 Golf Instruction Programs

**About the Classes**
Each class consists of five 1-hour sessions taught by PGA Class A Head Professional Jake Saito and/or PGA Teaching Instructor Greg Rodgers, and will have between 6 and 10 students. Practice balls and golf clubs are provided. Students should wear athletic shoes and appropriate attire for current weather conditions.

**Program Prices**
- **Junior** $90R/$100N
- **Adult** $120R/$150N

All lessons will take place at the Callippe Preserve Golf Course. Registrations and fees are processed at the Golf Course and must be submitted at least one week prior to the start of the session. Due to the minimum class size, some classes may be rescheduled at the discretion of the Golf Professional. Seasonally, some classes may be postponed due to inclement weather.

**Adult Beginning** 18 years and up
- **Tuesdays, Noon–1:00pm**
  - 2/6-2/27
  - 3/6-3/27
  - 4/10-5/1
  - 5/8-5/29
- **Thursdays, Noon–1:00pm**
  - 2/8-3/1
  - 3/8-3/29
  - 3/12-5/3
  - 5/10-5/31

**Junior Beginning** Ages 7-17
- **Sundays, 1:30-2:30pm**
  - 2/4-2/25
  - 3/4-3/25
  - 4/8-4/29
  - 5/6-5/27

**Junior and Adult Beginning**
Covering everything you need to know about how to play golf. Basic swing fundamentals, rules, etiquette, etc. If you already have played golf, you are still welcome to the class, it will be a great refresher course! Clubs provided if necessary, please wear Golf or Athletic attire.

**Junior Intermediate/Advanced** Ages 7-17
- **Sundays, 3:00-4:00pm**
  - 2/4-2/25
  - 3/4-3/25
  - 4/8-4/29
  - 5/6-5/27

**Adult Intermediate/Advanced** 18 years and up
- **Tuesdays, Noon–1:00pm**
  - 2/6-2/27
  - 3/6-3/27
  - 4/10-5/1
  - 5/8-5/29
- **Thursdays, Noon–1:00pm**
  - 2/8-3/1
  - 3/8-3/29
  - 3/12-5/3
  - 5/10-5/31

**Junior and Adult Intermediate/Advanced**
Game management with a little swing adjustment (as needed). Most focus will be on course management and scoring opportunities.
Recreation for Adults with Developmental Disabilities
Men & Women
15 years & Older

RADD Tennis & Table Tennis
Recreational tennis and table tennis for adults with developmental disabilities. Training balls will be used and rules modified to adapt to skill level.

Location: Pleasanton Tennis Park
Instructor: Lifetime Activities Staff | 6:1 ratio

RADD Tennis
6 classes | $59R/$65N

- 6439 M 3/19-4/23 5:45-6:30pm
- 6440 M 4/20-5/23 5:45-6:30pm

RADD Table Tennis
6 classes | $59R/$65N

- 6445 M 3/19-4/23 6:30-7:15pm
- 6447 M 4/30-6/4 6:30-7:15pm

Registration Form—Spring 2018
Instructions: To register, put an “X” in the box next to the activity then add up all the fee amounts for a total fee. Write a check to the “City of Pleasanton” or pay by VISA or MASTERCARD. You will receive a receipt in the mail confirming that you have been registered or waitlisted for the activities you selected.

- Preregistration and payment are required for all activities—“drop-ins” are not allowed.
- If you cannot pay all of the activity fees at one time, please contact Julie at 931-5374 to discuss a payment plan or to determine eligibility for a scholarship.
- All new participants must fill out a RADD Code of Conduct Sheet and a Participant Information Form and Consent for Administration of Medications. You can access these forms online at www.cityofpleasantonca.gov, click on Government and choose Community Services, on left of page click on Seniors, RADD, Paratransit, click on Adapted Programs—RADD, once on this page, there is a separate link for each of the forms, or call the front office at (925) 931-5365 to receive copies of forms. Sign ALL signature lines (we cannot process registration without signed waiver).

Mail Registration Form to:
RADD, C/O Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton, CA 94566
Fax Registration not available.

RADD Registration Form
Please include both pages! Total Fee Amount $________________
RADD Participant Name__________________________________ Address____________________________________
City____________________ Zip____________ Ph. (home)______________________ Ph. (business)______________________
Payment: Check# ___________
Credit Card # _________________________________ VISA / MASTERCARD CVV Code ____________ Exp. Date ___________
Signature: __________________________________________________________________________
Waiver: My (My child’s) participation in this activity is voluntary. I am (My child is) physically fit to participate in this activity. I understand that this activity involves risks and that serious injuries could occur while I am (my child is) participating in this activity. In addition, if transportation is provided by the City during the activity, serious injuries could occur. Knowing these risks, I want (my child) to participate in this activity. I (on behalf of my child) hereby assume the risk, and hereby waive, release and discharge the City of Pleasanton, its Council, officials, employees, volunteers, instructors, agents, sponsors and promoters of this activity, from any and all claims for damages for personal injuries or death, or claims for damages to property, which I (my child) or my (child’s) heirs, assigns, executors or administrators may have or which may accrue to my (child’s) participation in this activity, including transportation provided during the activity as applicable. I have read the above and understand that important legal rights are being waived.
I consent to the City’s use of any photographs that are taken of me (my child) while participating in the City’s programs for use in the City’s promotions and publications in print and on the World Wide Web (Internet). No payment will be made for use of these photographs.
If you do not want you or your child(ren) photographed or videotaped while participating in a City recreation class or activity for the use in City publications, please contact the Community Services office at (925) 931-5340, to request an “Opt Out of Photo” form to be completed at least two weeks prior to the start of you or your child(s) class. Sign ALL signature lines (we cannot process registration without waiver signature)

Person Responsible for the Account__________________________________________________________
Participant/Guardian Signature___________________________________________________________ Date _____________
(Signature required to participate)

Phone: (925) 931-5373
RADD Activities

Ages 15 and up
RADD—Activities and Trips
Spring 2018

A variety of activities and trips are planned each quarter including local excursions such as pizza and bowling and dinner and a movie as well as excursions to destinations such as the Aquarium of the Bay and the Oakland Coliseum. To register, mark an “X” in the box next to each activity; then, add up all the fee amounts for a total fee. Fill out the registration form on the reverse side and mail to the address provided.

<table>
<thead>
<tr>
<th>Level</th>
<th>Code</th>
<th>Activity</th>
<th>Date/Time/Notes</th>
<th>Meeting Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>6186</td>
<td>Valentine's Dance</td>
<td>F, 2/9, 7:00-9:30pm. Includes DJ, dancing, and a light snack.</td>
<td>Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton</td>
<td>$17</td>
</tr>
<tr>
<td>2</td>
<td>6187</td>
<td>Breakfast Club</td>
<td>Sa, 2/24, 8:30-10:30am. Includes entrée, beverage, tip and tax. Bring money for Farmers Market.</td>
<td>Vic’s All Star Kitchen, 201 Main Street, Pleasanton</td>
<td>$18</td>
</tr>
<tr>
<td>1</td>
<td>6212</td>
<td>Pajama Party</td>
<td>F, 3/2, 6:30-9:30pm. Wear your PJ's and bring your pillow for pizza, craft and old fashioned TV.</td>
<td>Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton</td>
<td>$16</td>
</tr>
<tr>
<td>1</td>
<td>6190</td>
<td>Spring Musical: Thoroughly Modern Millie</td>
<td>Su, 3/11, 1:30-4:30pm. Includes ticket to high school musical production by Amador Valley and Foothill High School students</td>
<td>Amador Theater, 1155 Santa Rita Road, Pleasanton</td>
<td>$17</td>
</tr>
<tr>
<td>1</td>
<td>6191</td>
<td>St. Patrick’s Dance</td>
<td>F, 3/16, 7:00-9:30pm. Includes DJ, dancing and a light snack.</td>
<td>Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton</td>
<td>$17</td>
</tr>
<tr>
<td>3</td>
<td>6192</td>
<td>Pizza and Bowling</td>
<td>Sa, 3/24, 6:00-9:00pm. Includes shoes, bowling, pizza and beverage.</td>
<td>Earl Anthony's Dublin Bowl, 6750 Regional Street, Dublin</td>
<td>$25</td>
</tr>
<tr>
<td>2</td>
<td>6193</td>
<td>Golf, Games and Fun!</td>
<td>Sa 4/7, 10:30am-1:30pm. Includes games, golf lesson, lunch and course play.</td>
<td>The First Tee of the Tri-Valley, 4501 Pleasanton Ave. golf course at the Fairgrounds, go through tunnel to drop off and pick up, Pleasanton</td>
<td>$15</td>
</tr>
<tr>
<td>1</td>
<td>6194</td>
<td>Mocktails and Games</td>
<td>F, 4/13, 7:00-9:00pm. Includes games, mocktails and a light snack.</td>
<td>Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton</td>
<td>$15</td>
</tr>
<tr>
<td>1</td>
<td>6189</td>
<td>Dining Out</td>
<td>Sa, 4/21, 6:00-8:00pm. Includes entrée, beverage, tax and tip.</td>
<td>Eddie Papas American Hangout, 4889 Hopyard Road, Pleasanton</td>
<td>$25</td>
</tr>
<tr>
<td>2</td>
<td>6195</td>
<td>Breakfast Club</td>
<td>Sa, 4/28, 8:30-10:30am. Includes entrée, beverage, tax and tip. Bring money for Farmers Market.</td>
<td>Rising Loafer, 428 Main Street, Pleasanton</td>
<td>$18</td>
</tr>
<tr>
<td>3</td>
<td>6196</td>
<td>Pizza and Bowling</td>
<td>Sa, 5/5, 6:00-9:00pm. Includes shoes, bowling, pizza and beverage.</td>
<td>Earl Anthony’s Dublin Bowl, 6750 Regional Street, Dublin</td>
<td>$25</td>
</tr>
<tr>
<td>1</td>
<td>6188</td>
<td>Dinner and Movie</td>
<td>F, 5/11, 6:00-10:00pm. Includes entrée, beverage, tax, tip and movie ticket.</td>
<td>Drop off: On the Border Restaurant, Dublin, Pick up: West side of Regal Cinemas, Dublin</td>
<td>$34</td>
</tr>
<tr>
<td>1</td>
<td>6438</td>
<td>Bingo and Dinner</td>
<td>F, 5/18, 6:00-8:30pm. Includes dinner, beverage, bingo and prizes.</td>
<td>Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton</td>
<td>$17</td>
</tr>
</tbody>
</table>
Aquatics

Spring Office Hours
M/W/F 6:00am-1:00pm
Tu/Th 11:30am-1:00pm
M-Th 5:30-8:00pm
Sa/Su/Holidays 8:00-11:00am
Holiday Schedule: 2/19, 5/28
Office Closed: 3/3-3/4, 3/16-3/18, 4/1

Aquatics

4455 Black Avenue, Pleasanton
(925) 931-3420

All Ages
Lap Swimming for Fitness
Experience the amazing health benefits of lap swimming in our 50-meter pool (heated, year round). All ages are welcome; however, swimmers must be able to swim the width of the pool without stopping. Lanes may be assigned, and space sharing is required. Spectator fees apply to all who plan to watch from within the aquatic facility. Personal coaching is prohibited.

Morning M/W/F 6:00-10:00am
Mid-day M-F 11:30am-1:00pm
Evening M-Th 5:30-8:00pm
Weekends/Holidays 8:00-11:00am
Holiday Hours: 2/19, 5/28
No Lap Swim: 3/3-3/4, 3/16-3/18, 4/1

Fees
<table>
<thead>
<tr>
<th></th>
<th>Single</th>
<th>Punch Pass (15)</th>
<th>Punch Pass (45)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (18+)</td>
<td>$4</td>
<td>$52R/$57N</td>
<td></td>
</tr>
<tr>
<td>Youth (-17)/Senior (60+)</td>
<td>$3.50</td>
<td>$46R/$51N</td>
<td></td>
</tr>
<tr>
<td>Spectator</td>
<td>$3.00</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Fees

FITNESS WATER EXERCISE
Water exercise classes support the body and reduce risk of muscle or joint injury through the buoyancy of water and mitigation of gravity.

<table>
<thead>
<tr>
<th>Class</th>
<th>Single Visit</th>
<th>Punch Pass (15)</th>
<th>Punch Pass (45)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>$7</td>
<td>$93R/$102N</td>
<td>$270R/$300N</td>
</tr>
</tbody>
</table>

*No class 2/19, 3/16, 5/28

Shallow Water Workout
A high intensity shallow-water aerobics class designed for intermediate to advanced exercisers to strengthen and tone muscles and improve cardiovascular fitness. Includes interval, circuit and resistance training using hand buoys, elastic tubing and water woggles.

M/W/F 9:15-10:10am

Deep Water Workout
A challenging aerobic workout in deep water utilizing interval and resistance training to develop cardiovascular fitness, muscle, strength, endurance and flexibility. Note: this class is held in deep water and although buoyancy equipment is worn, participants should feel comfortable in deep water.

M/W/F 6:00-6:55am or 7:45-8:40am
M-Th 5:30-6:25pm

<table>
<thead>
<tr>
<th>Class</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (18+)</td>
<td>$144(R)/$155(N)</td>
</tr>
<tr>
<td>Youth/Senior</td>
<td>$135(R)/$142(N)</td>
</tr>
</tbody>
</table>

Purchase punch passes at the Dolores Bengtson Aquatic Center or online at www.pleasantonfun.com

Annual Pass
<table>
<thead>
<tr>
<th>Class</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (18+)</td>
<td>$450R/$495N</td>
</tr>
<tr>
<td>Youth/Senior</td>
<td>$450R/$495N</td>
</tr>
</tbody>
</table>

Semi-Annual Pass
<table>
<thead>
<tr>
<th>Class</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (18+)</td>
<td>$225R/$248N</td>
</tr>
<tr>
<td>Youth/Senior</td>
<td>$225R/$248N</td>
</tr>
</tbody>
</table>

Ages 16 and up

4455 Black Avenue, Pleasanton
(925) 931-3420

Website: www.PleasantonAquaticCenter.com
The American Red Cross Learn-to-Swim program offers swimming lessons for youth ages 3 1/2 and up. The bullet points below summarize the skills taught at each level and should be used to help determine the most appropriate placement for your child. Class dates and times are listed in the subsequent pages. Adult/teen, and private/semi-private classes are also available. All Learn-to-Swim classes are held at the Dolores Bengtson Aquatic Center and are taught by American Red Cross Certified Water Safety Instructors.

**Ages 3 1/2 - 5 | Instructor/student ratio 1:5**

**Preschool—Level 1-3**

Skills may be performed with support:
- Enter and exit water using ramps, steps or side
- Blow bubbles for 3 seconds
- Submerge mouth, nose and eyes
- Open eyes under water and retrieve submerged objects
- Front and back glide with recovery to vertical position
- Back float for 3 seconds
- Roll from front to back, and back to front
- Arm and hand treading action
- Alternating and simultaneous leg action and arm action on front and back
- Combined arm and leg actions on front and back

**Level 1**

Skills may be performed with assistance:
- Enter and exit water using ramps, steps or side
- Blow bubbles for 3 seconds
- Bobbing, 5 times
- Open eyes under water and retrieve submerged objects
- Front and back glide with recovery to vertical position
- Front float for 3 seconds, back float for 5 seconds
- Roll from front to back, and back to front
- Tread water using arm and leg actions on front
- Finning arm action on back
- Combined arm and leg actions on front

**Ages 6 & up | Instructor/student ratio 1:6**

**Beginner—Level 1-3**

Skills may be performed with assistance:
- Enter/exit water using ramps, steps or side
- Blow bubbles for 3 seconds
- Bobbing, 5 times
- Open eyes under water and retrieve submerged objects
- Front and back glide with recovery to vertical position
- Back float for 5 seconds
- Roll from front to back, and back to front
- Treading water arm and hand actions
- Alternating and simultaneous leg action and arm action on front and back
- Combined arm and leg actions on front and back

**Level 2**

Skills performed independently:
- Step or jump from side into shoulder-deep water
- Exit water using ladder, steps or side
- Fully submerge and hold breath
- Bobbing, 10 times
- Open eyes under water and retrieve submerged objects
- Rotary breathing
- Front, jellyfish and tuck floats for 10 seconds
- Front and back glide with recovery to vertical position
- Back float for 15 seconds
- Roll from front to back, and back to front
- Tread water for 15 seconds
- Change direction of travel while swimming on front or back
- Combined arm and leg actions on front and back
- Finning arm action on back

**Level 3**

Skills performed independently:
- Jump into deep water from the side, submerge and return to the side
- Headfirst entry from the side in seated and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival float for 30 seconds
- Tread water for 1 minute
- Change from vertical to horizontal position on front and back
- Push off in streamlined position on front, then begin kicking
- Front crawl, elementary backstroke 15 yds
- Flutter, scissors, breaststroke, dolphin kicks

**Ages 8 & up | Instructor/student ratio 1:8**

**Stroke Improvement—Level 4**

Skills performed independently:
- Headfirst entry in compact and stride positions
- Feet first surface dive
- Swim underwater
- Tread water, using 2 different kicks
- Survival swimming for 1 minute
- Front crawl, elementary backstroke 25 yards
- Breaststroke, back crawl, butterfly, sidestroke for 15 yards
- Open turns on the front and back
- Flutter and dolphin kicks on back
- Push off in streamlined position on back, then begin kicking

**Stroke Refinement—Level 5**

Instructor/student ratio 1:8

Skills performed independently:
- Shallow-angle dive into deep water
- Tuck surface dive and pike surface dive
- Tread water for 5 minutes
- Tread water, using legs only, for 2 minutes
- Sculling for 30 seconds
- Front crawl, elementary backstroke for 50 yards
- Breaststroke, back crawl, butterfly, sidestroke for 25 yards
- Front flip turn and backstroke flip turn

**Important notes regarding Learn-to-Swim Lessons**

It is essential that each lesson is attended to receive the full benefit of the class. There are no make-up lessons or credits for missed classes. If the Community Services Department cancels a class or session, a credit will be issued to your account.
## Preschool Learn to Swim | 3.5-5 Years

### Level 1
- **6 classes | Tu/Th | $48R/$53N**
  - 6094: 4/10-4/26 4:00pm-4:30pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6095: 5/1-5/24 4:00pm-4:30pm
- **6 classes | Sa | $48R/$53N**
  - 6061: 4/14-5/19 8:50am-9:20am
  - 6073: 4/14-5/19 10:45am-11:15am

### Level 2
- **6 classes | Tu/Th | $48R/$53N**
  - 6098: 6/04-6/26 4:35pm-5:05pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6099: 5/1-5/24 4:35pm-5:05pm
- **6 classes | Sa | $48R/$53N**
  - 6078: 4/14-5/19 10:10am-10:40am

### Level 3
- **6 classes | Tu/Th | $48R/$53N**
  - 6104: 4/10-4/26 5:10pm-5:40pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6105: 5/1-5/24 5:10pm-5:40pm
- **6 classes | Sa | $48R/$53N**
  - 6076: 4/14-5/19 10:45am-11:15am

## Beginner Learn to Swim | 6-12 Years

### Level 1
- **6 classes | Tu/Th | $48R/$53N**
  - 6098: 4/10-4/26 4:00pm-4:30pm
  - 6113: 4/10-4/26 4:35pm-5:05pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6099: 5/1-5/24 4:35pm-5:05pm
  - 6114: 5/1-5/24 6:20pm-6:50pm
- **6 classes | Sa | $48R/$53N**
  - 6078: 4/14-5/19 10:10am-10:40am

### Level 2
- **6 classes | Tu/Th | $48R/$53N**
  - 6100: 4/10-4/26 4:35pm-5:05pm
  - 6107: 4/10-4/26 5:45pm-6:15pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6101: 5/1-5/24 4:35pm-5:05pm
  - 6108: 5/1-5/24 5:45pm-6:15pm
- **6 classes | Sa | $48R/$53N**
  - 6083: 4/14-5/19 10:10am-10:40am

### Level 3
- **6 classes | Tu/Th | $48R/$53N**
  - 6109: 4/10-4/26 5:45pm-6:15pm
  - 6111: 4/10-4/26 6:20pm-6:50pm
- **8 classes | Tu/Th | $64R/$70N**
  - 6110: 5/1-5/24 5:45pm-6:15pm
  - 6112: 5/1-5/24 6:20pm-6:50pm
- **6 classes | Sa | $48R/$53N**
  - 6085: 4/14-5/19 11:20am-11:50am

## Stroke Improvement (Level 4)

### Stroke Refinement (Level 5) | 8-13 Years

### Level 4
- **6 classes | M/W | $48R/$53N**
  - 6059: 4/9-4/25 4:00pm-4:30pm
- **8 classes | M/W | $64R/$70N**
  - 6060: 4/30-5/23 4:00pm-4:30pm
- **6 classes | Sa | $48R/$53N**
  - 6087: 4/14-5/19 11:20am-11:50am

### Level 5
- **6 classes | $48R/$53N**
  - 6062: M/W 4/9-4/25 4:30pm-5:00pm
- **8 classes | $64R/$70N**
  - 6064: M/W 4/30-5/23 4:30pm-5:00pm

### Private/Semi-Private Lessons | 6 Years & up

Learn to swim with personal, one on one lessons and get the focus and instruction you desire! Semi-private lessons are available at an additional discounted price and are limited to four students.

- **6 classes | $210R/$231N**
  - 6063: Sa 4/14-5/19 8:50am-9:20am
  - 6069: Sa 4/14-5/19 9:25am-9:55am
  - 6070: Sa 4/14-5/19 10:10am-10:40am
  - 6071: Sa 4/14-5/19 11:20am-11:50am

Website: [www.PleasantonAquaticCenter.com](http://www.PleasantonAquaticCenter.com)
Swim Lessons & Lifeguarding

6 months-3.5 years
Parent & Child Aquatics
Bring your little ones to the Aquatic Center and learn valuable skills and methods to help your child become more comfortable in the water. This class focuses on safety in and around the water, and age appropriate swimming skills that you can use at home! Instructor/student ratio 1:10 pairs
Dolores Bengtson Aquatic Center Shallow Pool

6 classes | $48R/$53N
6058 Sa 4/14-5/19 8:50am-9:20am

13 years & up
Adult/Teen Swim Lessons
It’s never too late to learn how to swim. Whether your goal is to conquer a fear of the water, learn proper technique, prepare for lap swimming or even competitive events—we can help you get there! Course emphasis is on individual skill improvement and endurance. Students are allowed to progress at their own pace with hands-on instruction and support provided by the instructor in a safe environment.
Dolores Bengtson Aquatic Center

6 classes | $51R/$56N
6065 M/W 4/9-4/25 6:45pm-7:30pm
6084 Tu/Th 4/10-4/26 7:00pm-7:45pm
6081 Sa 4/14-5/19 8:00am-8:45am

8 classes | $68R/$74N
6067 M/W 4/30-5/23 6:45pm-7:30pm
6086 Tu/Th 5/1-5/24 7:00pm-7:45pm

6-10 years
Competitive Stroke
Competitive Stroke is designed with an emphasis on technique, stroke development, drills, and endurance-fitness swimming. Swimmers must be able to correctly swim 50 yards of butterfly, backstroke, breaststroke and freestyle.
Dolores Bengtson Aquatic Center

6-10 years

8 classes | $76R/$84N
6048 Tu/Th 2/6-3/1 5:00pm-5:45pm
6049 M/W 3/5-3/28 5:00pm-5:45pm
6052 Tu/Th 3/6-3/29 5:00pm-5:45pm
6056 M/W 4/30-5/23 5:00pm-5:45pm
6077 Tu/Th 5/1-5/24 5:00pm-5:45pm

6 classes | $57R/$63N
6054 M/W 4/9-4/25 5:00pm-5:45pm
6072 Tu/Th 4/10-4/26* 5:00pm-5:45pm
*No class 4/17

10 years & up
Basic Water Rescue
This class provides individuals with the information and skills necessary to prevent, recognize, and respond to aquatic emergencies. This course will also prepare individuals for aquatic emergencies by teaching them how to protect themselves when assisting others. This course is not a substitute for Lifeguarding Certification; however, this course is excellent for camp counselors, day care providers, health and fitness facility employees, and others who are around water on a regular basis. Prerequisites are Level V swim skills.
Dolores Bengtson Aquatic Center

1 Class | $83R/$91N
6131 Sa 2/10 8:00am-Noon

12-14 years
Junior Lifeguard Training
Get a start in the Aquatics profession by learning about lifeguarding. Gain valuable job skills while having fun with your friends at the pool. This course includes the following American Red Cross classes: Guard Start, which teaches basic lifesaving techniques, Water Safety Instructor Aide, which teaches swim instruction methods and class management. This program is a requirement for those wishing to volunteer at the aquatic center this summer.
Dolores Bengtson Aquatic Center

5 classes | $103R/$113N
6126 M-F 4/2-4/6 9:00am-4:00pm

15 years & up
Lifeguarding
Get a jump start on your future by training to be a lifeguard! This course combines online learning sessions with hands-on practice of first aid, CPR/AED and lifeguarding skills. Note: Class times do not reflect online learning sessions. For course prerequisites and more information on the blended learning course, visit www.PleasantonAquaticCenter.com.
Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

4 classes | $230R/$250N
6124 Sa 2/3 8:00am-10:00am
and Tu/Th 2/12 4:00pm-7:30pm
and Tu-Su 2/14-2/25 8:00am-5:30pm

5 classes | $230R/$250N
6129 Sa 4/21 8:00am-10:00am
and Tu/Th 4/22 6:45pm-8:45pm
and Tu-Su 4/24-5/6 8:00am-5:30pm

4 classes | $230R/$250N
6130 Sa 5/12 8:00am-10:00am
and Tu-Th 5/14-5/17 4:00pm-7:00pm
and Tu-F 5/21-5/24 4:00pm-7:00pm

12 years & up
Adult and Pediatric First Aid/CPR/AED
Become certified in American Red Cross adult and pediatric first aid, CPR, and AED. Learn the skills you would need to respond appropriately to cardiac, breathing, and first aid emergencies so you can save a life! This course will include lecture, videos, and hands on practice. You will also be provided with your own key chain breathing barrier and a $35 certification. Certifications last for two years from the course date.
Dolores Bengtson Aquatic Center | Instructor: DBAC Staff

4 classes | $110R/$121N
6181 Sa 1/27 9:00am-4:00pm

Like us on Facebook: Pleasanton Community Services
Phone: (925) 931-3420
16 years & up

**Water Safety Instructor Training**

Upon successful completion of this course, students will be qualified to teach American Red Cross Learn to Swim courses (swim lessons) and issue corresponding certifications. This course combines online learning sessions with on-site teaching practice. Note: class times do not reflect required online learning sessions. An additional $35 non-refundable fee, payable to the American Red Cross will be due following the first class session. Prerequisites: 16 years old, possession of Red Cross Level IV swimming skills, 1 minute back float, 1 minute of treading water.

Dolores Bengtson Aquatic Center

<table>
<thead>
<tr>
<th>8 classes</th>
<th>$180R/$198N</th>
</tr>
</thead>
<tbody>
<tr>
<td>6128</td>
<td>M-Th</td>
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</tbody>
</table>

**Become a volunteer for the Dolores Bengtson Aquatic Center!**

Ages 12 & up can volunteer as Jr. Lifeguards and/or Swim Lesson Aides! To volunteer you must take the Jr. Lifeguard Program. Pick up an Aquatics Volunteer Application at the Aquatic Center or the Community Services Main Office.

**Earn Money**

**Be a Leader**

**Save Lives**

**Become a Lifeguard**

Sign Up Today

**JOB OPPORTUNITIES AT THE DOLORES BENGTSON AQUATIC CENTER!**

Apply to be an American Red Cross Lifeguard, Swim Instructor, or both for the summer 2018 season! OUR SUMMER 2018 APPLICATION DEADLINE IS MAY 7TH! You may apply before obtaining your required American Red Cross certification(s). Apply online at http://agency.governmentjobs.com/pleasanton.

Enroll now: www.pleasantonfun.com
18 years & up
**ART WITH ZINA**
An $8 supply fee is due at registration. For more information, contact Zina at (925) 846-6382.

**Acrylic Painting**
Learn all about painting with acrylics with emphasis on composition, color mixing, and brushwork. Participants will be guided with step-by-step instruction! All skill levels are welcome! Bring a photo to paint that matches the session’s theme.
Firehouse Arts Center Classroom A | Instructor: Zina Kassab

<table>
<thead>
<tr>
<th>Still Life</th>
<th>5 classes</th>
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<tbody>
<tr>
<td>5864</td>
<td>Th</td>
<td>2/1-3/1</td>
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<tr>
<td>Landscape</td>
<td>5 classes</td>
<td>$100R/$110N</td>
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<tr>
<td>5865</td>
<td>Th</td>
<td>3/8-4/12*</td>
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<tr>
<td>*No class 4/5</td>
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<tr>
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<tr>
<td>5866</td>
<td>Th</td>
<td>4/19-5/17</td>
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<tr>
<td>Sketching</td>
<td>5 classes</td>
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<tr>
<td>5870</td>
<td>Tu</td>
<td>2/6-3/6</td>
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<tr>
<td>Landscape</td>
<td>5 classes</td>
<td>$100R/$110N</td>
</tr>
<tr>
<td>5871</td>
<td>Tu</td>
<td>3/13-4/17*</td>
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<tr>
<td>Seascape</td>
<td>5 classes</td>
<td>$100R/$110N</td>
</tr>
<tr>
<td>5874</td>
<td>Tu</td>
<td>4/24-5/22</td>
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</tbody>
</table>
| 16 years & up
**Art in Colored Pencil**
Work from provided photos or your own. Learn to create translucent color layered upon color while applying detail. For more information, contact peggymagovern@gmail.com
Firehouse Arts Center Classroom B | Instructor: Peggy Magovern
| 5 classes | $125R/$138N  |
| 5859      | Th          | 2/1-3/1      | 12:30pm-3:30pm |
| 5861      | Th          | 3/15-4/19*   | 12:30pm-3:30pm |
| 5862      | Th          | 4/26-5/24    | 12:30pm-3:30pm |
| *No class 4/5                      |           |              |              |

18 years & up
**CRAFTS WITH ROCIO**
Visit [www.craftmakersstudio.com](http://www.craftmakersstudio.com) for more information.

**Block Printing in Fabric**
In this one-day block printing workshop, students will learn how to create a design on paper, transfer it to a soft rubber carving block, carve a block, print the design on fabric and heat-set your fabric to seal the ink. A $25 supply fee is due at registration.
Firehouse Arts Center | Instructor: Rocio Ordonez

<table>
<thead>
<tr>
<th>1 Class</th>
<th>$95R/$105N</th>
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</thead>
<tbody>
<tr>
<td>5999</td>
<td>Sa 4/28</td>
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</table>

**Italian Crepe Paper Flowers**
Students will learn the art of making flowers with high quality crepe paper. Each week students will learn how to make a different flower.
Craft Makers Studio | Instructor: Rocio Ordonez

<table>
<thead>
<tr>
<th>4 classes</th>
<th>$110R/$121N</th>
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</thead>
<tbody>
<tr>
<td>5996</td>
<td>Th 5/3-5/24</td>
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</table>

16 years & up
**Adult Wheel Throwing/Handbuilding**
All levels welcome. No experience required. Class will cover basic throwing skills. A $70 supply fee is due at registration. For more information, contact ekdpottery@yahoo.com
Cultural Arts Building Pottery Studio | Instructor: Erin Davis

<table>
<thead>
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<tr>
<td>5760</td>
<td>M 2/5-3/26*</td>
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<td>5757</td>
<td>M 4/9-5/28</td>
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<tr>
<td>5761</td>
<td>M 4/9-5/28</td>
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<tr>
<td>5759</td>
<td>W 4/11-5/30</td>
</tr>
<tr>
<td>5763</td>
<td>W 4/11-5/30</td>
</tr>
</tbody>
</table>

18 years & up
**Open Studio Pottery**
This open studio format class is designed for students who work independently. Work on and complete projects at your own pace. Limited instruction is available. A $25 supply fee is due at registration. Punch pass expires one year from purchase.
Open studio hours are ongoing: Mondays 10AM–1PM, Tuesdays 6PM–9PM, Wednesdays 10AM–1PM. For more information, contact ekdpottery@yahoo.com
Open Studio Punch cards can be purchased at the Community Services Department Administration office.

| 5804 | 8 Studio Visits: $152R/$167N  |

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Follow us on Instagram: Pleasantonfun

Like us on Facebook: Pleasanton Community Services

Phone: (925) 931-5340
18 years & up
PASTELS WITH DEBBIE WARDROPE
Materials can be provided for first-time students with a $15 supply fee. For more information, contact dwardrope@sbcglobal.net.

Pastel Painting
Beginners and more advanced students are welcome to join as we explore the wonderful world of pastel painting in a relaxed, friendly environment.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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<tbody>
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<tr>
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<tr>
<td>5729 W</td>
<td>3/7-3/28</td>
<td>9:30am-12:30pm</td>
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<tr>
<td>5730 W</td>
<td>4/11-5/2</td>
<td>9:30am-12:30pm</td>
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<tr>
<td>5731 W</td>
<td>5/9-5/30</td>
<td>9:30am-12:30pm</td>
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</tbody>
</table>

*No class 2/21

13 years & up
Pastel Painting Workshop
For beginning and advanced students, this class is both an introduction to painting in soft pastel and an opportunity for intermediate students to receive additional help in advancing their work.
Firehouse Arts Center Classroom A | Instructor: Debbie Wardrope

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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<tbody>
<tr>
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<tr>
<td>6142 Th</td>
<td>3/8-3/29</td>
<td>7:00pm-9:00pm</td>
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<tr>
<td>6143 Th</td>
<td>5/3-5/24</td>
<td>7:00pm-9:00pm</td>
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</tbody>
</table>

16 years & up
Belly Dance
In this class, we will discover the key moves and combinations, and how they come together in a fun choreograph. Contact LetsBellyDance@hotmail.com for more information.
Cultural Arts Building | Instructor: Sara Shrapnell

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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<tbody>
<tr>
<td>8 classes</td>
<td>$110R/$121N</td>
<td></td>
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<tr>
<td>5992 Tu</td>
<td>2/6-3/27</td>
<td>7:30pm-8:30pm</td>
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<tr>
<td>7 classes</td>
<td>$97R/$107N</td>
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</tr>
<tr>
<td>5993 Tu</td>
<td>4/10-5/22</td>
<td>7:30pm-8:30pm</td>
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</tbody>
</table>

18 years & up
Relaxing Yoga for All
Come calm your mind and gain flexibility, strength, and balance through practicing gentle yoga poses. This class is suitable for newcomers and veterans. Bring a yoga mat and large firm blanket or towel. Optional to bring: yoga blocks and strap. For more information, contact nancy@mothersinmotion.com
Cultural Arts Building | Instructor: Nancy Larson

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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</thead>
<tbody>
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</tr>
<tr>
<td>6092 F</td>
<td>2/2-3/23</td>
<td>9:00am-10:15am</td>
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</tr>
<tr>
<td>7 classes</td>
<td>$105R/$116N</td>
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<td></td>
</tr>
<tr>
<td>6093 F</td>
<td>4/13-5/25</td>
<td>9:00am-10:15am</td>
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</table>

*No class 2/23, 3/16

20 years & up
Tai Chi—Beginners
Enjoy learning the elegant movements of this gentle practice for overall health and stress management. You can ease pain and increase mobility, endurance, agility, and strength. Qigong exercises are included. Visit www.healingjourneypleasanton.com for more information.
Senior Center | Instructor: Kathy Lorenz, Certified Senior Trainer

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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<tbody>
<tr>
<td>7 classes</td>
<td>$60R/$66N</td>
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<tr>
<td>6027 Tu</td>
<td>2/6-3/20</td>
<td>6:15pm-7:15pm</td>
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</tr>
<tr>
<td>8 classes</td>
<td>$68R/$75N</td>
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<tr>
<td>6028 Tu</td>
<td>4/3-5/22</td>
<td>6:15pm-7:15pm</td>
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</tbody>
</table>

20 years & up
Tai Chi—Intermediate/Advanced
Tai Chi offers improved metabolism, heart/lung function, strength, flexibility and balance. The internal aspects of Tai Chi become healing treasures within as we deepen our practice. For more information, visit www.healingjourneypleasanton.com.
Cultural Arts Building | Instructor: Kathy Lorenz, Certified Senior Trainer

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Registration</th>
<th>Start</th>
<th>End</th>
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</thead>
<tbody>
<tr>
<td>8 classes</td>
<td>$68R/$75N</td>
<td></td>
<td></td>
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<tr>
<td>6029 Th</td>
<td>2/1-3/22</td>
<td>6:15pm-7:15pm</td>
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<tr>
<td>6030 Th</td>
<td>4/5-5/24</td>
<td>6:15pm-7:15pm</td>
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</tbody>
</table>

Enroll now: www.pleasantonfun.com
15 years & up
Get on the Ball
This 6-week progressive class assists in strengthening the core muscles using a variety of techniques on the popular Stability Ball. Please bring a ball, mat and light weights.
Senior Center | Instructor: Terri Gonzalez
6 classes | $49R/$54N
5704 Tu 2/27-4/3 6:15pm-7:15pm
5705 Tu 4/4-5/29 6:15pm-7:15pm

15 years & up
Cardio Groove X Core
An hour of combined cardio, strength, and flexibility training. The workout is designed to burn calories, improve cardiovascular endurance, and strengthen muscles. Class will end with a relaxing stretch. Please bring a mat and 1-10 lb weights.
Senior Center | Instructor: Terri Gonzalez
3 classes | $20R/$23N
5713 M 2/5-2/26* 6:30pm-7:30pm
5716 M 5/7-5/21 6:30pm-7:30pm
4 classes | $26R/$29N
5714 M 3/5-3/26 6:30pm-7:30pm
5 classes | $32R/$35N
5715 M 4/4-4/30 6:30pm-7:30pm
*No class 2/19

15 years & up
Getting to the Core Pilates/Yoga Fusion
A unique blend of basic Mat Pilates, Core Conditioning, and fundamental Yoga principles to achieve strength, balance, and flexibility. Please bring a mat.
Cultural Arts Building | Instructor: Terri Gonzalez
2 classes | $19R/$22N
6238 Sa 3/10-3/24* 8:00am-9:00am
3 classes | $29R/$32N
5717 Sa 2/3-2/24* 8:00am-9:00am
6240 Sa 5/5-5/19 8:00am-9:00am
4 classes | $38R/$42N
6239 Sa 4/7-4/28 8:00am-9:00am
*No class 2/17, 3/17

15 years & up
Cardio Sculpt
Cardio-based workout will include, but not be limited to: 20/20/20 (20 min. each of cardio, strength, and flexibility), Interval Training, CardioBox, and Butts & Guts. This class is effectively designed for all levels. Please bring a mat and 1-10 lb weights.
Senior Center | Instructor: Terri Gonzalez
4 classes | $26R/$29N
5700 W 2/7-2/28 6:30pm-7:30pm
5701 W 3/7-3/28 6:30pm-7:30pm
5702 W 4/4-4/25 6:30pm-7:30pm
5 Classes | $33R/$36N
5703 W 5/2-5/30 6:30pm-7:30pm

18 years & up
MELT Length
Learn simple self-treatments you can do at home to remain active, healthy, and pain-free for life. This all-levels class will use specialized soft rollers and small MELT Hand and Foot Treatment Balls to stimulate the results of manual therapy. Ball and rollers provided for in-class use only. For more information, contact: SpringsPilates@comcast.net
Springs Pilates | Instructor: Katherine Campbell
5 classes | Drop-in classes | $140R/$154N
6341 Sa 2/3-5/19* 8:00am-9:00am
$140/5 drop-in classes valid 2/1-5/19
*No class 3/10, 3/17

14 years & up
MELT Performance
Maximize your fitness progress, decrease risk of injury or pain and minimize post-exercise recovery time to achieve peak performance. Contact springspilates@comcast.net for more information.
Springs Pilates | Instructor: Katherine Campbell
4 classes | $140R/$154N
6318 Th 2/1-2/22 6:30pm-7:45pm
6320 M 3/19-4/16* 6:30pm-7:45pm
6321 Th 4/12-5/3 6:30pm-7:45pm
*No class 4/2

18 years & up
Couples Boot Camp
We will look at communication, handling typical pitfalls, rekindling the flames and setting your intentions for your future together. Visit tri-valleycommunitycounseling.com for more information.
Nature House | Elizabeth Gottfred, LMFT & Jamie Schellenberg, LMFT
6 classes | $200R/$220N per couple
6434 M 2/5-3/19* 7:00pm-8:30pm
*No class 2/19

Follow us on Instagram: PleasantonFun
Like us on Facebook: Pleasanton Community Services
Yoga and Mindful Meditation
Would you like to be stronger, more flexible, have better balance and coordination? Yoga and mindfulness meditation provides clear focus, innovative ideas, better sleep, strength, flexibility, better balance and coordination. Please bring a sticky mat and thick blanket to class. For more information, contact admin@yogalightcenter.com
Cultural Arts Building | Instructor: Lorey Wallace

Ages 18 & Up

COOKING CLASSES WITH PANS ON FIRE
A $10 supply fee is due at registration. For more information, contact Pans on Fire (925) 600-7267.

Asian New Years
Tonight, we’re converting the Food Studio into the behind-the-scenes Chinese kitchen, where you can learn to make traditional favorites.
Pans on Fire | Instructor: Pans On Fire Staff

Cardamom Rolls
Experience hands-on how to make super easy, super delicious cardamom rolls including, lamination, measuring, filling, cutting and baking. Enjoy the fresh-out-of-the-oven results in class then prepare another recipe to take home (bring an 8x8, 9x9 or round cake pan). A $5 supply fee is due at registration.
Pans on Fire | Pans On Fire Staff

Pressure Cooking Basics
Prepare then sit down and enjoy a multi-course meal and learn tons of tips & techniques along the way.
Pans on Fire | Pans On Fire Staff

Go Nuts for Donuts
Learn the ins and outs of making donuts—raised, cake and old-fashioned—in this hands-on baking class.
Pans on Fire | Pans On Fire Staff

COOKING CLASSES WITH PANS ON FIRE

<table>
<thead>
<tr>
<th>Class</th>
<th>Description</th>
<th>Instructor</th>
<th>Date</th>
<th>Time</th>
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<td>5727</td>
<td>4/9-5/21*</td>
<td>7:30pm-8:45pm</td>
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</table>

*No class 2/19, 3/12, 5/14


Ages 18 & up

**Adult Basketball League**

Ball is Life! Register for our adult basketball leagues. Leagues are designed with the perfect combination of fun and competition. Registration is team based. Inquire about the “Free Agents” list if you are unable to register with a team.

**Registration Begins**
**Deadline**
1/10/18 2/11/18

Harvest Park Middle School Gym

8 Games + playoffs | $629R/$692N | Wed
6264 Novice 2/28-5/30* 6:00-10:00pm
6261 Intermed. 2/28-5/30* 6:00-10:00pm

8 Games + playoffs | $629R/$692N | Thu
6266 Novice 3/1-5/31* 6:00-10:00pm
6265 Intermed. 3/1-5/31* 6:00-10:00pm

*No games 4/4, 4/5, 3/29

**Adult Volleyball League**

Bump-Set-Spike your way into our Adult Volleyball league! Whether you are new to the game or a volleyball enthusiast, we have the perfect league for you! Registration is team based.

**Registration Begins**
**Deadline**
1/10/18 2/11/18

Pleasanton Middle School Gym

8 Games + playoffs | $387R/$425N | Mon
6397 Novice 2/26-5/29 7:00-10:00pm
6398 Intermed. 2/26-5/29 7:00-10:00pm
6399 Advanced 2/26-5/29 7:00-10:00pm

*No games 4/2, 4/9, 5/28

**Open Gym Programs**

Come play your favorite pick-up game, meet some new friends and have a ball! Our Open Gym Programs welcome all skill levels! Equipment provided. Payments are not accepted at the gyms.

Sign up to receive email updates at: www.teamsideline.com/pleasanton, click on the “Open Gym” tab.

**All open gym times are subject to change.**

**Open Gym Basketball**

Ages 18 & up

**Fees**
**Single** | **Punch Pass 15** | **Punch Pass 50**
Resident | $3.25 | $45.00 | $150.00
Non-Res. | $4.00 | $56.00 | $180.00

**Day** | **Time** | **Location**
Sa | 6:00-8:00am | HP
M | 8:00-10:00pm | HMS
W | 8:00-10:00pm | HMS

**Open Gym Family Pickleball**

Ages 6 & up (children must be supervised by adult)

**Fees**
**Single** | **Punch Pass 15** | **Punch Pass 50—NEW!**
Resident | $4.50 | $57.00 | $205.00
Non-Res. | $5.25 | $67.00 | $237.00

**Day** | **Time** | **Location**
Su | 8:00-11:00am | PMS

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**Like us on Facebook:**
Pleasanton Community Services

**Follow us on Instagram:**
Pleasantonfun

Phone: (925) 931-5340
May is Older Americans Month

In May, the Pleasanton Senior Center will be celebrating Older Americans Month by offering special events and activities throughout the month. The Senior Center is a valuable community resource that offers programs, activities and services that help mature adults stay informed, healthy and active. Refer to the Senior Center Newsletter the EDGE for more details.

Mark your calendar!

Saturday, May 5, 2018 for the Senior Center’s 25th Anniversary Celebration! Call the Senior Center for more information.

Pleasanton Paratranist Service (PPS)

Door-to-door shared-ride service for Pleasanton and Sunol residents, ages 70 and older, and ADA qualified individuals ages 18 and older. Partially funded by Measure BB Funds, Alameda County Transportation Commission. Service hours are Monday through Friday, 8:15am-4:30pm. To receive an application, please call the PPS office at 925-931-5367. Office hours: M-F, 9am-3pm.

Senior Support Program of the Tri-Valley

Senior Support provides a variety of services to assist seniors in maintaining their health and independence. Services to those 60 and older, living in Pleasanton, Livermore, Dublin and Sunol, include: case management; an in-home registry; in-home counseling; health screening and friendly visiting. SSPTV also manages the Wiesner Senior Fund, an emergency one-time grant or loan, in nominal amounts, available to adults 60 or older who are in need of immediate assistance. Additionally, SSPTV sponsors a Caregiver’s Support Group, open to all caregivers responsible for care of persons with Alzheimer’s, dementia, and other related illnesses. Meets in the Senior Center Classroom the second Monday of the month from 1:00-3:00pm.

For more information call: 931-5379

For more information on Support Groups, Monthly Services and Senior Meals, please visit our website: www.pleasantonseniorcenter.org
## MONDAYS
- Core, Stretch and Balance* 8:45-9:45am
- Drop-in Bocce $ 9:00am-Noon
- Drop-in Woodshop $5.50/6.50 9:00am-Noon
- Bingo $ (1st, 3rd & 5th) 1:00-3:00pm
- Movie Madness (2nd & 4th) 1:15pm

## TUESDAYS
- Men of Breakfast (1st & 3rd) 8:30-9:30am
- Woodcarvers $ 9:00am-4:00pm
- Zumba Gold* 9:00-10:00am
- Fit for Fifty* 10:15-11:15am
- Tai Chi (Beginning)* 11:45am-1:00pm
- Drop-in Cards, Poker $ 1:00-4:00pm
- American Style Mah Jongg $ 1:00-4:00pm
- Tai Chi (Intermediate)* 1:10-2:25pm

## WEDNESDAYS
- Zumba Toning* 8:45-10:00am
- Sole Mates Walking Group 8:45-10:00am
- Drop-in Bocce $ 9:00am-Noon
- Drop-in Woodshop $5.50/6.50 9:00am-Noon
- Arts & Crafts 10:00am-Noon
- Watercolor Painting $ 10:00am-Noon
- Newcomers Welcome (2nd) • 10:30am-Noon
- Fall Prevention Class • 10:15-11:10am
- Nutrition Weekly • 11:15-11:30am
- Lighten up (Every other week) • 11:30-11:45am
- Bingo $ 1:00-3:00pm
- Photo Club (2nd) 2:00-4:00pm

## THURSDAYS
- Words in Bloom $ (1st & 3rd) 9:00-Noon
- Drop-in Woodshop $5.50/6.50 9:00am-Noon
- Pleasanton Peddlers Bicycle Group 9:00-11:30am
- Senior Players Theater Group 10:00am-Noon
- Yoga, All Levels* 10:00-11:15am
- Tea Time Social (2nd) 1:00-2:30pm
- Drop-in Cards, Poker $ 1:00-4:00pm
- Contract Bridge $ (Resv. Req.) 1:00-4:00pm
- Drop-in Woodcarving $ 6:00-8:30pm

## FRIDAYS
- Zumba Gold* 9:00-10:00am
- Drop-in Bocce $ 9:00am-Noon
- Drop-in Woodshop $5.50/6.50 9:00am-Noon
- Knitting $ 9:00-11:30am
- Brain Matters $ (1st & 3rd) 10:00-11:15am
- Fit for Fifty* 10:15-11:15am
- Bingo $ 1:00-4:00pm
- American Style Mah Jongg $ 1:00-4:00pm
- Line Dancing, Beginning* 1:30-2:45pm
- Line Dancing, Intermediate* 3:00-4:15pm

## DAILY (MONDAY-FRIDAY)
- Senior Center 8:30am-4:30pm
- Paratransit 8:15am-4:30pm
- Sage Café 11:30am-12:45pm
- Peddler Shop 10:00am-4:00pm

## KEY
- * = Pre-registration required
- $ = Drop-in fees apply ($2.00R/$2.50N)
- • = Sponsored by Senior Support of the Tri-Valley

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**Support Groups Offered at the Senior Center**

**Monthly Services**
Refer to the Senior Center Newsletter the EDGE for details:
- Caregivers Support Group (sponsored by Senior Support Program)
- Foot Care/Health Screening (sponsored by Senior Support Program)
- Medicare & HMO Counseling (HICAP)
- Parkinson's Support Group
- Hearing Aid Cleaning & Repair
- Legal Assistance for Seniors (LAS)
- Eye Glass Adjustments
- Estate Planning Counseling (with Estate Planning lawyer)

**Parkinson’s Support Group**
Offered on the second Saturday of each month, 10:00am-Noon at the Pleasanton Senior Center (Senior Support Area). Call 831-9940 for more information. Those with Parkinson’s disease and their families are welcome to attend. Co-sponsored by the Parkinson’s Network of Mt. Diablo.

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**EDGE Newsletter**
Stay informed about dynamic services and programs at the Pleasanton Senior Center by receiving the Senior Center Newsletter the EDGE. Call (925) 931-5365 or visit www.pleasantonseniorcenter.org to subscribe to our mailing list.
Drop-In Programs

Pleasanton Senior Center | $2.00R/$2.50N

Wood Carving
The Tri-Valley carvers offer wood carving sessions at the Senior Center wood shop. All experience levels are welcome. This is a great opportunity for beginners to give carving a try. The club will provide a knife, safety equipment, glove and leather thumb guard.

Tu  Ongoing  9:00am-4:00pm
Th  Ongoing  6:00-8:30pm

Photo Club
The Photo Club is open to any senior who enjoys the hobby of photography at any level. It is suggested that you have some type of a digital camera—from a Point and Shoot to a Single Lens Reflex camera. Meetings will also offer occasional speakers, field trips and themes.

2nd W  Ongoing  2:00pm

Watercolor Painting
Bring your own supplies and project or paint a monthly theme. Gentle critiques available.
Instructor: Lucy Ashton
W  Ongoing  10:00am-Noon

Words in Bloom
Words in Bloom, is a writer’s workshop for seniors. Everyone has a story—come and share yours. Along the way you will learn to create a new story from your imagination.
Instructor: Sarah McCraken

1st & 3rd Th  Ongoing  9:00am-Noon

Knitting
Join the Center’s knitting group and learn to knit, refresh your skills, pick up some new tips, share techniques you’ve learned, get help with that pesky “UFO”, or just sit, knit and plan to laugh a lot.
Instructor: Stacy Dennig
F  Ongoing  9:00-11:30am

Brain Matters
Learn how to keep your brain active and your memory sharp. Bi-monthly meetings consist of word games, puzzles, challenging activities, reminiscing, socials and more. All geared to age proof your mind.

1st & 3rd F  Ongoing  10:00-11:30am

Free Fitness & Health

Pleasanton Sole Mates
Want a fun way to exercise outdoors? Walking is one of the easiest and most cost effective forms of exercise. Our weekly walking group will trek to local destinations while enjoying the great outdoors. Most walks suitable for all fitness levels.
W  Ongoing  8:45-10:00am

Fall Prevention Exercise Class
Join exercise instructors from The Senior Support Program of the Tri-Valley for a class that focuses on strength and flexibility. Other benefits are improved health and well-being, more stamina and energy and a decrease in the likelihood of falls.
W  Ongoing  10:15am

Newcomers Welcome  |  Free
Are you new to Pleasanton or the Senior Center? Discover all the programs, classes, and services available to you. Your facilitator will also take you on a tour of the Center grounds and surrounding Centennial Park. At the end of the tour you will receive a coupon for a free lunch at the Sage Café.
2nd W  Ongoing  10:30am

Nutrition/Lighten Up
Interactive talks focusing on current nutrition issues and trends, as well as tips for maintaining a healthy weight. Sponsored by the Senior Support Program of the Tri-Valley.
W  Ongoing  11:15-11:45am

PTUG (Personal Technology Users Group)  |  Free
This class is for all computer enthusiasts. Includes discussions, lectures, demonstrations, and question/answer period.

4th Th  Ongoing  10:00am-Noon

Like us on Facebook: Pleasanton Community Services

Follow us on Instagram: Pleasantonfun

Pleasanton Pedalers
If you love cycling, making new friends, and want to have lots of fun, this group is for you! Members include cyclists of all skill levels and interests, from those who want to start cycling to experienced veterans of road biking. All rides will be at a conversational pace, from 15 to 25 miles long, on relatively flat terrain. There will be a stop along the way for refreshments and socializing. All rides will be “No-Drop,” meaning no one will be left behind. Group meets at the north end of the Senior Center parking lot. A signed waiver is required of all riders. For more information, log on to meetup.com/PleasantonPedalers or call, volunteer ride leader, Steve McGinnis at (925) 200-9031.
Th  Ongoing  9:00am
**Exercise & Wellness**

**Ages 50 and up**

**Core, Stretch and Balance**
This class is designed to improve your general sense of well-being through a series of stretches that will strengthen your core and increase your flexibility. The use of light weights will assist in gaining muscle strength and improve mobility. Bring a set of light weights (3-5 lbs.) and a floor exercise mat.
Pleasanton Senior Center | Instructor: Sandra Cavellini

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Price</th>
<th>Dates</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>8 classes</td>
<td>$36R/$40N</td>
<td>6401 Tu/F 2/2-2/27</td>
<td>10:15am-11:15am</td>
</tr>
<tr>
<td>9 classes</td>
<td>$40.50R/$45N</td>
<td>6402 Tu/F 3/2-3/30</td>
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<tr>
<td>4 classes</td>
<td>$18R/$21N</td>
<td>6404 Tu/F 5/1-5/29</td>
<td>10:15am-11:15am</td>
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**Fit for Fifty**
A slower-paced exercise program geared for the mature adult/senior without the movement and mobility required in a more typical aerobics class. Designed to help those who want to be physically fit through easy movement, strength and core work, stretching, toning, balance and small motor flexibility.
Pleasanton Senior Center | Instructor: Katherine Bene

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<tr>
<td>4 classes</td>
<td>$18R/$21N</td>
<td>6404 Tu/F 5/1-5/29</td>
<td>10:15am-11:15am</td>
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**Zumba Gold**
Aerobic exercise, using Latin rhythms with easy-to-follow moves to create a dynamic fitness program. Routines feature fast and slow rhythms and music that are combined for aerobic endurance, muscle tone and flexibility.
Pleasanton Senior Center | Instructor: Jenny Underwood

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<tr>
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<td>$18R/$21N</td>
<td>6446 Tu/F 2/2-2/27</td>
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<td>4 classes</td>
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<td>6449 Tu/F 4/3-4/27</td>
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<tr>
<td>5 classes</td>
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<td>6448 Tu/F 3/2-3/30</td>
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<td>5 classes</td>
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<td>6450 Tu/F 5/1-5/29</td>
<td>9:00am-10:00am</td>
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</table>

**Ages 18 and up**

**Intermediate Line Dance**
Learn classic as well as new line dances while having a great time. Each dance is repeated until everyone is comfortable and ready to move on to a new dance. Previously learned dances will also be reviewed and practiced.
Pleasanton Senior Center | Instructor: Sue Kraft

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<td>6371 F 4/6-4/27</td>
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<td>5 classes</td>
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<td>6370 F 3/2-3/30</td>
<td>3:00pm-4:15pm</td>
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</table>

**Yoga—All Levels**
Focus the mind and strengthen the body in this class. Using yoga poses and awareness of the breath you will experience increased flexibility, strength and balance. Each class incorporates balance postures, breathing techniques, and mindful body movements with variations to suit the needs of the student. Class will close with deep relaxation.
Pleasanton Senior Center | Instructor: Roberta Wilson

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<th>Time</th>
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<td>3 classes</td>
<td>$19.50R/$22.50N</td>
<td>5986 Th 2/1-2/22*</td>
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<tr>
<td>4 classes</td>
<td>$26R/$29N</td>
<td>5987 Th 3/1-3/3/22</td>
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<tr>
<td>5 classes</td>
<td>$22.50R/$25.50N</td>
<td>5990 Th 5/3-5/24</td>
<td>10:00am-11:15am</td>
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</table>

**Zumba Toning**
This class is designed to develop every major muscle group in an efficiently-paced, hour-long workout. This is a total body strengthening and toning class that uses a variety of resistance options. Our Zumba Toning certified instructor uses dynamic resistance training resulting in muscle strength, increased bone density, and improved mobility, posture and coordination.
Pleasanton Senior Center | Instructor: Jenny Underwood

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<tbody>
<tr>
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<tr>
<td>4 classes</td>
<td>$18R/$21N</td>
<td>6442 W 3/7-3/28</td>
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<tr>
<td>5 classes</td>
<td>$22.50R/$25.50N</td>
<td>6444 W 5/2-5/30</td>
<td>9:00am-10:00am</td>
</tr>
</tbody>
</table>
Special Interest

Men of Breakfast (MOB)
Join the Men of Breakfast for a cup of coffee and friendly conversation. Bring a newspaper and whatever topics that pique your interest. No charge.
1st & 3rd Tu Ongoing 8:30-9:30am

Pleasanton VIP Travel Desk
The Pleasanton VIP Travel Desk offers day trips to various locations in the greater Bay Area, as well as one-day Casino Trips. The VIP Travel Desk also offers extended trips outside California and the United States. Past trips include cruises and treks to Canada and Europe. Please visit the VIP Trip Desk at the Pleasanton Senior Center, and pick up your informational flyers. You may also call the travel desk at (925) 931-5370.
M-F 10:00am-2:00pm

Day Trippers—Excursions for Seniors
The Day Trippers Program offers unique opportunities for seniors to go on group day trips to interesting local destinations. In the past, we have taken trips to the Oakland Zoo, Livermore Discovery Center, Ardenwood Historic Farm, San Francisco Ferry Building and many other points of local interest. Each trip is planned and guided by our enthusiastic recreation staff. Check the EDGE for the latest!
W Ongoing 8:45-10:00am

Transit Fair
Friday, March 16
10:00am-1:00pm—Main Lobby
Join us as we transform the Senior Center into a “Transit Center” and whatever topics that pique your interest. Representatives from local transportation agencies will be on hand to provide the latest transit information and options. The Center’s Sage Café will offer a special St. Patrick’s Day corned-beef lunch—$3.
To make reservations, please call 931-5365 by Monday, March 12, 2018. Lunch is limited to 100.

Movie Madness
Offered free of charge every 2nd and 4th Monday of the month at 1:15pm. Features large screen and theater-style sound, with movies that range from old classics to more recent favorites. Monthly movie schedule available at the Senior Center.
2nd & 4th M Ongoing 1:15pm

Computer & Smart Phone Tutors at the Senior Center
Struggling with your PC, tablet or Smart Phone? Can’t figure out the Internet, having trouble with your software or not sure how to effectively use your Smart Phone? One-on-one tutoring is available at the Senior Center. For reservations, please call (925) 931-5365.
$2.00/$2.50 for a one-hour session

Pleasanton VIP Senior Club
Ages 50 and up
The Pleasanton VIP Senior Club meets at lunch on the 2nd and 4th Monday of each month. There is a business meeting on the 2nd Monday and entertainment the 4th Monday. Benefits include entertainment, guest speakers, special events, and discounts on travel. Cost: $10 (for first year), $7 for succeeding years. Lunch reservations must be made one day in advance—call (925) 931-5363.
2nd & 4th M Ongoing

AARP Mature Driver Course
Refine your driving skills and reacquaint yourself with the rules of the road. At the conclusion of this two-session course, you’ll be issued a certificate of completion, which may qualify you for an insurance discount. Registration fee payable by check to AARP on the first day of class. Please pre-register at the Senior Center Receptionist Desk or call 931-5365. Pleasanton Senior Center
Traditional Class (2 days, 4 hours each day)
2 classes $15 AARP Member/$20 Non-Member
6692 W 3/14 & 3/21 9:00am-1:00pm
Renewal Class (1 day, 4 hours) This class available for those who have taken the “Traditional” class within the last 3 years.
1 class $15 AARP Member/$20 Non-Member
6691 W 5/16 9:00am-1:00pm

Cooking for the Mature Adults presents:
Cook, Eat, Love!
Join the fun as we celebrate the month with a Valentine’s Day themed cooking class. Learn to prepare easy, nutritious meals. Cooking for the Mature Adult is co-sponsored by the Friends of Pleasanton Senior Center. To register, visit the Senior Center Front Desk.
3 classes $20R/$23N
2nd & 4th M W 9:00am-1:00pm

The Peddler Shop
Discover the unique, hand-crafted treasures that await you at the Peddler Shoppe. You’ll find great gift ideas for any holiday—jewelry, accessories, woodwork, linens and toys! There’s an amazing selection of wonderfully knit baby blankets, bonnets and booties. Shop Hours: M-F 10:00am-4:00pm

Tea Time Social
An enchanting tea experience awaits you at the Center’s monthly Tea Time Social. Enjoy delicious assorted teas in a festively decorated room, cookies for the sweet tooth and, of course, the fine art of conversation. Come and enjoy a spot of tea! No charge.
2nd Th Ongoing 1:00-2:30pm

Website: www.pleasantonseniorcenter.com

Flower Arranging
April showers bring May flowers.
Join us as we socialize and learn basic flower arranging techniques. Each participant will take home a spring floral arrangement. Refreshments included.
Thursday, May 7th
1:00-2:00pm

$6R/$9N
Arts & Crafts Room
Instructor: Nicole Peters

Movie Madness
Flower Arranging
AARP Mature Driver Course
Cooking for the Mature Adults presents:
Cook, Eat, Love!
The Peddler Shop
Tea Time Social

Mature Adults • 49
Information & Youth Tennis

Lifetime Activities
Excellence in Community Tennis

Pleasanton Tennis Park
5801 Valley Avenue
(925) 931-3449

Register: www.lifetimeactivities.com
You can register in person at the Tennis Park or online. Please use a Lifetime Activities registration form.

Priority Registration (residents): January 10
Open Registration: January 17
Please see page 56 for the City Refund Policy. Residents must provide proof of residency (i.e. CA driver’s license, utility bill) at the Tennis Park office to receive resident rates.

SERVICES
Call us at the park or check out our website for the schedule, fees, and rules.
Reserve Court Time
Ball Machine Rental
Racquet Restringing
Pickle Ball
Tennis Birthday Parties
Private Lessons

OFFICE AND COURT HOURS
Monday-Friday 8:00am-10:00pm
Saturday 8:00am-9:00pm
Sunday 8:00am-8:00pm

OPEN PLAY COURT FEES—per 45 minutes
Adult: $7R/$10N
Youth: $6R/$9N
Mid-Day Deal: Monday thru Friday, Noon-3:00pm
$5 per 45 minutes

BALL MACHINE
45 minutes—$14

OPEN PLAY TABLE TENNIS
$6 per hour per table

OPEN PLAY PICKLE BALL (MAR 20-JUN 7)
Tues 11:30am-1:30pm | Thur 6:00-8:00pm
$5/2 hours

RAIN PROCEDURE
Staff will close the courts until they are playable.
Call the park 30 minutes prior to your class or match time to check conditions. Makeups will be scheduled for lesson and league rainouts.

TENNIS COURTS AT AMADOR VALLEY HIGH SCHOOL AVAILABLE FOR OPEN PLAY
1155 Santa Rita Rd
Schoolyear Schedule
Sat 9:00am-Noon | Sun 1:00 pm-4:00 pm

Ages 4-6 | 5:1 ratio
Little Tennis and Sports Development
Improve your coordination and motor skills while learning basic tennis strokes and games.

6 classes each session | $96R/$106N

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>3:30-4:15pm</td>
<td>3/19-4/23</td>
<td>4/30-6/4</td>
</tr>
<tr>
<td>Tue</td>
<td>3:30-4:15pm</td>
<td>3/20-4/24</td>
<td>5/1-6/5</td>
</tr>
<tr>
<td>Wed</td>
<td>4:15-5:00pm</td>
<td>3/20-4/24</td>
<td>5/1-6/5</td>
</tr>
<tr>
<td>Thu</td>
<td>5:45-6:30pm</td>
<td>3/21-4/25</td>
<td>5/2-6/6</td>
</tr>
<tr>
<td>Fri</td>
<td>10:15-11:00am</td>
<td>3/22-4/26</td>
<td>5/3-6/7</td>
</tr>
<tr>
<td>Sat</td>
<td>11:45am-1:15pm</td>
<td>3/23-4/27</td>
<td>5/4-6/8</td>
</tr>
<tr>
<td>Sun</td>
<td>12:30-2:00pm</td>
<td>3/25-4/29</td>
<td>5/6-6/10</td>
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</table>

Ages 5-7 | 5:1 ratio
Little Rallyers
For graduates of Little Tennis and Sports Development, you will be introduced to the concept of rallying.

6 classes each session | $96R/$106N

<table>
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<td>3/23-4/27</td>
<td>5/4-6/8</td>
</tr>
<tr>
<td>Wed</td>
<td>9:30-10:15am</td>
<td>3/24-4/28</td>
<td>5/5-6/9</td>
</tr>
<tr>
<td>Thu</td>
<td>10:15-11:00am</td>
<td>3/24-4/28</td>
<td>5/6-6/10</td>
</tr>
<tr>
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<td>11:15am-1:15pm</td>
<td>3/24-4/28</td>
<td>5/6-6/10</td>
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<tr>
<td>Sat</td>
<td>12:30-2:00pm</td>
<td>3/25-4/29</td>
<td>5/6-6/10</td>
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<tr>
<td>Sun</td>
<td>3:30-4:15pm</td>
<td>3/25-4/29</td>
<td>5/6-6/10</td>
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</table>

Ages 7-10 | 8:1 ratio
Green, Blue, Red Program (GBR Program)
Develop your rallying skills and stroke technique in this multi-level introductory program. You will be first grouped by age and then by ability level.

6 classes each session | $126R/$139N

<table>
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<tr>
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<td>6:30-7:30pm</td>
<td>3/21-4/25</td>
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<td>Fri</td>
<td>10:15-11:45am</td>
<td>3/21-4/25</td>
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<td>Sat</td>
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<td>3/24-4/28</td>
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<td>Sun</td>
<td>1:30-2:30pm</td>
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</tr>
</tbody>
</table>

Ages 11-15 | 8:1 ratio
6 classes each session | $126R/$139N
Day     | Time     | Session 1 | Session 2 |
---------|----------|-----------|-----------|
Mon     | 4:15-5:45pm | 3/19-4/23 | 4/30-6/4  |
Tue     | 4:15-5:45pm | 3/19-4/23 | 4/30-6/4  |
Wed     | 5:45-6:45pm | 3/21-4/25 | 5/2-6/6   |
Thu     | 6:30-7:30pm | 3/21-4/25 | 5/3-6/7   |
Fri     | 10:15-11:45am | 3/21-4/25 | 5/4-6/8   |
Sat     | 11:15am-1:15pm | 3/24-4/28 | 5/5-6/9   |
Sun     | 1:30-2:30pm | 3/24-4/28 | 5/5-6/9   |

6-16 Years | 8:1 Ratio
Youth Chess
Puzzles and creative exercise will enhance critical thinking. Group instruction and individual coaching will improve skills. Each first time participant will receive their own personal roll up chess board with chess pieces.

6 classes each session | $99R/$109N
Day     | Time     | Session 1 | Session 2 |
---------|----------|-----------|-----------|
Mon     | 4:30-5:30pm | 3/19-4/23 | 4/30-6/4  |
Tue     | 5:45-6:45pm | 3/19-4/23 | 4/30-6/4  |
Wed     | 6:30-7:30pm | 3/21-4/25 | 5/2-6/6   |
Thu     | 5:45-6:45pm | 3/21-4/25 | 5/2-6/6   |
Fri     | 6:30-7:30pm | 3/21-4/25 | 5/2-6/6   |
Sat     | 7:00-8:00pm | 3/24-4/28 | 5/5-6/9   |
Sun     | 8:00-9:00pm | 3/24-4/28 | 5/5-6/9   |

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Phone: (925) 931-3449
Youth Tennis & Table Tennis

Ages 7-16 | 8:1 ratio

Junior Development Program
You must first get a coach’s recommendation to find the right level for you in this 4-tiered program.

Intro to Bronze—You’ve graduated the GBR Program, it’s time to polish your technique and gain more full court experience using green dot balls.

Silver—Add a chess class to your Sun tennis lesson

Gold—become more comfortable using the different spins, placing your shots, and adding more variety to your game.

6 classes each session | $126R/$139N

Day | Time | Session 1 | Session 2
Thu | 6:30-8:00pm (1.5 hrs) | 3/22-4/26 | 5/3-6/7
Sat | 2:45-4:15pm (1.5 hrs) | 3/24-4/28 | 5/5-6/9
Add a chess class to your Sat tennis lesson | $199R/$219N

6 classes each session | $189R/$208N

Day | Time | Session 1 | Session 2
Fri | 5:45-8:00pm (2.25 hrs) | 3/23-4/27 | 5/4-6/8
Sun | 2:00-4:15pm (2.25 hrs) | 3/25-4/29 | 5/6-6/10
Add a chess class to your Fri or Sun tennis lesson | $253R/$278N

Bronze—your technique is starting to become more reliable and you’re working on your overall baseline consistency.

6 classes each session | $126R/$139N

Day | Time | Session 1 | Session 2
Tue | 6:30-8:00pm (1.5 hrs) | 3/20-4/24 | 5/1-6/5
Sat | 4:15-5:45pm (1.5 hrs) | 3/24-4/28 | 5/5-6/9
Add a chess class to your Sat tennis lesson | $199R/$219N

Middle School League
Experience team tennis before high school. Tryouts are free and held at the Tennis Park. The season runs from April 9 thru May 25.

6 classes each session | $72R/$79N

Day | Time | Session 1 | Session 2
Sun | 6:30-8:00pm | 3/25-4/29 | 5/6-6/10

Silver—you’ve started to become more successful in matches, now it’s time to practice hitting your shots more aggressively and accurately.

6 classes each session | $126R/$139N

Day | Time | Session 1 | Session 2
Thu | 8:00-9:30pm (1.5 hrs) | 3/22-4/26 | 5/3-6/7

6 classes each session | $189R/$208N

Day | Time | Session 1 | Session 2
Mon | 5:45-8:00pm (2.25 hrs) | 3/19-4/23 | 4/30-6/4
Sat | 5:45-8:00pm (2.25 hrs) | 3/24-4/28 | 5/5-6/9
Sun | 4:15-6:30pm (2.25 hrs) | 3/25-4/29 | 5/6-6/10
Add a chess class to your Sun tennis lesson | $253R/$278N

Tournament Training Program
Fill your potential, practice 2-3 times per week, and train for regular competition. You must be approved to join this program. For more information, contact our Director of Tennis, Luke Rencher, at luker@lifetimeactivities.com

6 classes each session $189R/$208N

Day | Time | Session 1 | Session 2
Wed | 5:45-8:00pm | 3/21-4/25 | 5/2-6/6
Sat | 5:45-8:00pm | 3/24-4/28 | 5/5-6/9
Sun | 4:15-6:30pm | 3/25-4/29 | 5/6-6/10
Add a chess class to your Fri/Sun tennis lesson | $253R/$278N

Matchplay—apply proper tennis etiquette, develop good sportsmanship, and build up your match confidence. You must be enrolled in a Junior Development Program to participate.

6 classes each session $72R/$79N

Day | Time | Session 1 | Session 2
Sun | 6:30-8:00pm | 3/25-4/29 | 5/6-6/10

Spring Break Camps
Players must wear athletic, non-marking soled shoes. Players are encouraged to put sunscreen on, bring a bottle of water and a snack, and wear comfortable clothes including a visor or cap.

Ages 4-6 | 5:1 ratio

Little Tennis Camps
(LT) Learn how to swing correctly and play games that test your coordination and motor skills. Refreshment breaks are part of this camp.

9:30am-12:30pm

Mon-Fri | $158R/$174N

Ages 7-15 | 8:1 ratio

Youth Improvement Tennis Camps
(YI) Develop your rallying skills, discover all the tennis strokes, and set yourself up for good fundamentals. This camp is great for beginning to intermediate level players. You will be first grouped by age, then by ability level.

9:30am-12:30pm

Mon-Fri | $210R/$231N

Ages 7-16 | 8:1 ratio

Junior Development Tennis Camps
(JD) Strengthen your technique, build up your fitness, and apply tennis strategy during the week. This camp is for players who demonstrate strong fundamentals and can put a match together. If you’re new to the program, we recommend an evaluation before signing up.

9:30am-12:30pm

Mon-Fri | $210R/$231N

Ages 7-16 | 8:1 ratio

Chess Camp
Beginning through Intermediate. Puzzles and creative exercise will enhance critical thinking. Group instruction and individual coaching will improve skills. Each first time participant will receive their own personal roll up chess board with chess pieces.

1:00pm-2:30pm

Mon-Fri | $124R/$136N

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Website: www.lifetimeactivities.com
Camps & Adult Tennis

Ages 7-16 | 8:1 ratio
Sports and Activities Camp
Use the entire park as your playground. Participate in both indoor and outdoor sports and games. A team leader will organize a fun-filled week.
2:30pm-4:30pm
Mon-Fri | $140R/$154N

Ages 7-16 | 8:1 ratio
Tennis Information
Ages 7-16 | 8:1 ratio
Sports and Activities Camp
Use the entire park as your playground. Participate in both indoor and outdoor sports and games. A team leader will organize a fun-filled week.
2:30pm-4:30pm
Mon-Fri | $140R/$154N

Ages 7-16 | 8:1 ratio
Sand Volleyball
A lot of team fun. Game-play will parallel both footwork and ball-strike technique development.
4:45pm-5:45pm
Mon-Fri | $70R/$77N

Ages 7-15  | 8:1 ratio
All-Day Camp Bundle
(SD) Spend your week at the Tennis Park. Play tennis in the morning, exercise your brain with chess in the afternoon, and finish the day with different sports and games around the park. Bring snacks and lunch.
9:30am-6:00pm
Mon-Fri | $444R/$488N

Early Bird Care
8:30 drop off
$6 per child per day
$25 per child per week
Late Fee: There will be a $3 charge for every 15 min increment late to pick up.

BADMINTON AND TABLE TENNIS CLASSES
7-15 Years | 8:1 Ratio
All classes held at Pleasanton Middle School.
Youth Badminton
Beginner to Intermediate—specific footwork patterns will be motivated for all students. Beginners will develop basic strokes; intermediate level players will develop shot selection and match play strategies.
2:30pm-4:30pm
Mon-Fri | $140R/$154N

All-Day Camp Bundle
(SD) Spend your week at the Tennis Park. Play tennis in the morning, exercise your brain with chess in the afternoon, and finish the day with different sports and games around the park. Bring snacks and lunch.
9:30am-6:00pm
Mon-Fri | $444R/$488N

Adult Tennis Programs
Ages 16 and up | 6:1 Ratio
Beginning Tennis
Learn the basic strokes and develop your rallying skills.
6 classes each session | $162R/$178N
Day Time Session 1 Session 2
Mon 6:30-8:00pm 3/19-4/23 4/30-6/4
Wed 9:30-11:00am 3/21-4/25 5/2-6/6
Fri 8:45-10:15am 3/23-4/27 5/4-6/8
Sat 11:45am-1:15pm 3/24-4/28 5/5-6/9
Sun 9:30-11:00am 3/25-4/29 5/6-6/10

Advanced Beginning Tennis
Increase your rally consistency, improve your footwork, and strengthen your technique. At least 6 months of formal tennis instruction is recommended before signing up.
6 classes each session | $162R/$178N
Day Time Session 1 Session 2
Mon 8:45-10:15am 3/19-4/23 4/30-6/4
Wed 6:30-8:00pm 3/22-4/26 5/3-6/7
Sat 1:15-2:45pm 3/24-4/28 5/5-6/9
Sun 8:00-9:30am 3/25-4/29 5/6-6/10

Intermediate Tennis
Train for your matches and drill basic match strategy. We recommend that you are able to sustain a full court rally before joining this level.
6 classes each session | $162R/$178N
Day Time Session 1 Session 2
Mon 10:15-11:45am 3/19-4/23 4/30-6/4
Tue 8:45-10:15am 3/20-4/24 5/1-6/5
Wed 6:30-8:00pm 3/21-4/25 5/2-6/6
Fri 10:15-11:45am 3/23-4/27 5/4-6/8
Sat 9:30-11:00am 3/24-4/28 5/5-6/9
Sun 12:30-2:00pm 3/25-4/29 5/6-6/10

Intermediate Tennis
Train for your matches and drill basic match strategy. We recommend that you are able to sustain a full court rally before joining this level.
6 classes each session | $162R/$178N
Day Time Session 1 Session 2
Mon 10:15-11:45am 3/19-4/23 4/30-6/4
Tue 8:45-10:15am 3/20-4/24 5/1-6/5
Wed 6:30-8:00pm 3/21-4/25 5/2-6/6
Fri 10:15-11:45am 3/23-4/27 5/4-6/8
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Sun 12:30-2:00pm 3/25-4/29 5/6-6/10

BADMINTON AND TABLE TENNIS CLASSES
7-15 Years | 8:1 Ratio
All classes held at Pleasanton Middle School.
Youth Badminton
Beginner to Intermediate—specific footwork patterns will be motivated for all students. Beginners will develop basic strokes; intermediate level players will develop shot selection and match play strategies.
2:30pm-4:30pm
Mon-Fri | $140R/$154N

Adult Tennis Programs
Ages 16 and up | 6:1 Ratio
Beginning Tennis
Learn the basic strokes and develop your rallying skills.
6 classes each session | $162R/$178N
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Increase your rally consistency, improve your footwork, and strengthen your technique. At least 6 months of formal tennis instruction is recommended before signing up.
6 classes each session | $162R/$178N
Day Time Session 1 Session 2
Mon 8:45-10:15am 3/19-4/23 4/30-6/4
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Sun 8:00-9:30am 3/25-4/29 5/6-6/10

Intermediate Tennis
Train for your matches and drill basic match strategy. We recommend that you are able to sustain a full court rally before joining this level.
6 classes each session | $162R/$178N
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Mon 10:15-11:45am 3/19-4/23 4/30-6/4
Tue 8:45-10:15am 3/20-4/24 5/1-6/5
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Sat 9:30-11:00am 3/24-4/28 5/5-6/9
Sun 12:30-2:00pm 3/25-4/29 5/6-6/10

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Phone: (925) 931-3449
**Adult Tennis Leagues**

**Ages 16 and up | 6:1 Ratio**

**Advanced Tennis**
Strengthen your serve and net play, add pace to your shots, and develop tactics to use in your matches. An NTRP rating of at least 3.5 is recommended to join this level.

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$162R/$178N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Mon</td>
<td>11:45am-1:15pm</td>
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<tr>
<td>Tue</td>
<td>8:00-9:30am</td>
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<tr>
<td>Wed</td>
<td>11:00am-12:30pm</td>
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<tr>
<td>Thu</td>
<td>8:45-10:15am</td>
</tr>
<tr>
<td>Fri</td>
<td>11:45am-1:15pm</td>
</tr>
<tr>
<td>Sat</td>
<td>8:00-9:30am</td>
</tr>
</tbody>
</table>

**Ages 16 and up | 8:1 Ratio**

**Cardio Tennis**
Get your heart rate up and stay fit through drills and footwork exercises. Open to all playing levels.

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$63R/$69N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Tue</td>
<td>12:30-1:15pm</td>
</tr>
<tr>
<td>Thu</td>
<td>12:30-1:15pm</td>
</tr>
<tr>
<td>Sat</td>
<td>11:00-11:45am</td>
</tr>
</tbody>
</table>

**Ages 16 and up | 6:1 Ratio**

**Doubles Strategy**
For Intermediate and Advanced players (3.0+) looking to expand their understanding of the doubles game, drill your net skills, learn to move with your teammate, and match your shot selection with your court positioning.

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$162R/$178N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Tue</td>
<td>11:00am-12:30pm</td>
</tr>
<tr>
<td>Thu</td>
<td>6:30-8:00pm</td>
</tr>
</tbody>
</table>

**Ages 16 and up | 4:1 Ratio**

**Singles Strategy**
For players 3.5+, work on your singles game. Learn basic singles strategy and tactics you can drill.

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$216R/$238N</th>
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</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Mon</td>
<td>6:30-8:00pm</td>
</tr>
</tbody>
</table>

---

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**Website:** [www.lifetimeactivities.com](http://www.lifetimeactivities.com)

---

**Ages 16 and up | 6:1 Ratio**

**Round Robin with a Pro**
Play singles or doubles with one of our teaching pros. You will rotate partners every few rounds and get some tips along the way. Drop-ins accepted; pre-registration recommended.

**$8R/$11N per night**

**Fridays**

8:00-9:30pm

Fridays

**18 years & up | 8:1 ratio**

**Pickleball**
Easy to learn, lessons will be divided between stroke-work/footwork drills and match-play periods. Great team activity for all skill levels and backgrounds looking to develop hand-eye coordination while exercising.

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$90R/$99N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Tue</td>
<td>10:00-11:30am</td>
</tr>
<tr>
<td>Thu</td>
<td>4:30-6:00pm</td>
</tr>
</tbody>
</table>

---

**Ages 15 years and up | 6:1 Ratio**

**RADD TENNIS & TABLE TENNIS**
Recreational tennis for the developmentally disabled, training balls will be used and rules modified to adapt to playing skill levels.

**RADD Tennis**

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$59R/$65N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Mon</td>
<td>5:45-6:30pm</td>
</tr>
</tbody>
</table>

**RADD Table Tennis**

<table>
<thead>
<tr>
<th>6 classes each session</th>
<th>$59R/$65N</th>
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</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Mon</td>
<td>6:30-7:15pm</td>
</tr>
</tbody>
</table>

**To register, see RADD on page 31**

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**ADULT TENNIS LEAGUE**

**Ladies Doubles—Rotating Partners**

<table>
<thead>
<tr>
<th>10 matches</th>
<th>$80R/$88N</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Level</strong></td>
<td><strong>Day</strong></td>
</tr>
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<td>M</td>
</tr>
<tr>
<td>3.0</td>
<td>Th</td>
</tr>
<tr>
<td>3.5</td>
<td>Tu</td>
</tr>
<tr>
<td>3.5</td>
<td>F</td>
</tr>
<tr>
<td>4.0</td>
<td>W</td>
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</table>

**Men’s Doubles—Rotating Partners**

<table>
<thead>
<tr>
<th>10 matches</th>
<th>$80R/$88N</th>
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<tbody>
<tr>
<td><strong>Level</strong></td>
<td><strong>Day</strong></td>
</tr>
<tr>
<td>3.0</td>
<td>Th</td>
</tr>
<tr>
<td>3.5</td>
<td>W</td>
</tr>
<tr>
<td>4.0</td>
<td>Th</td>
</tr>
</tbody>
</table>

**Mixed Doubles—Rotating Partners**

<table>
<thead>
<tr>
<th>10 matches</th>
<th>$160R/$176N</th>
</tr>
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<tbody>
<tr>
<td><strong>Level</strong></td>
<td><strong>Day</strong></td>
</tr>
<tr>
<td>3.0 (Men)</td>
<td>Tu</td>
</tr>
<tr>
<td>3.0 (Women)</td>
<td>Tu</td>
</tr>
<tr>
<td>4.0 (Men)</td>
<td>Tu</td>
</tr>
<tr>
<td>4.0 (Women)</td>
<td>Tu</td>
</tr>
</tbody>
</table>

**Mixed Doubles—Permanent Partners**

<table>
<thead>
<tr>
<th>10 matches</th>
<th>$160R/$176N</th>
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</thead>
<tbody>
<tr>
<td><strong>Level</strong></td>
<td><strong>Day</strong></td>
</tr>
<tr>
<td>3.5</td>
<td>M</td>
</tr>
<tr>
<td>4.0</td>
<td>M</td>
</tr>
</tbody>
</table>

**Permanent Partner League players must sign up as a team**

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**Website:** [www.lifetimeactivities.com](http://www.lifetimeactivities.com)
## Parks Amenities Guide

Legend: C–Community   N–Neighborhood   U–Undeveloped

<table>
<thead>
<tr>
<th>Map Location/Park Name</th>
<th>Address</th>
<th>Type</th>
<th>Acres</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Alviso Adobe Comm. Park</td>
<td>3465 Old Foothill Rd</td>
<td>C</td>
<td>7</td>
</tr>
<tr>
<td>3. Amaral Park</td>
<td>3400 Dennis Dr.</td>
<td>N</td>
<td>5</td>
</tr>
<tr>
<td>4. Augustin Bernal Park</td>
<td>8200 Golden Eagle Way</td>
<td>C</td>
<td>237</td>
</tr>
<tr>
<td>5. Bernal Community Park</td>
<td>7001 Pleasanton Ave.</td>
<td>C</td>
<td>13</td>
</tr>
<tr>
<td>6. Bicentennial Park</td>
<td>2401 Santa Rita Rd.</td>
<td>N</td>
<td>2.6</td>
</tr>
<tr>
<td>7. BMX Track</td>
<td>3320 Stanley Blvd.</td>
<td>N/A</td>
<td>3.65</td>
</tr>
<tr>
<td>8. Callippe Preserve Golf</td>
<td>8500 Clubhouse Dr.</td>
<td>N/A</td>
<td>425</td>
</tr>
<tr>
<td>9. Centennial Park</td>
<td>5353 Sunol Blvd.</td>
<td>C</td>
<td>5.7</td>
</tr>
<tr>
<td>10. Civic Park</td>
<td>100 Main St.</td>
<td>N</td>
<td>.7</td>
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<tr>
<td>11. Cubby's Dog Park</td>
<td>3200 West Lagoitas Rd.</td>
<td>C</td>
<td>1.5</td>
</tr>
<tr>
<td>12. Del Prado Park</td>
<td>6701 Hansen Drive</td>
<td>N</td>
<td>5</td>
</tr>
<tr>
<td>13. Delucchi Park</td>
<td>4501 First Street</td>
<td>N</td>
<td>.7</td>
</tr>
<tr>
<td>14. Fairlands Park</td>
<td>4100 Churchill Dr.</td>
<td>N</td>
<td>13.8</td>
</tr>
<tr>
<td>15. Fawn Hills Park</td>
<td>1510 West Lagoitus Rd.</td>
<td>N</td>
<td>5</td>
</tr>
<tr>
<td>17. Harvest Park</td>
<td>1401 Harvest Rd.</td>
<td>N</td>
<td>1.6</td>
</tr>
<tr>
<td>18. Heatherlark Park</td>
<td>5700 Northway Rd.</td>
<td>N</td>
<td>.8</td>
</tr>
<tr>
<td>19. Ken Mercer Sports Park</td>
<td>5800 Parkside Dr.</td>
<td>C</td>
<td>103</td>
</tr>
<tr>
<td>22a. Laurel Creek Park</td>
<td>5875 Laurel Creek Dr.</td>
<td>N</td>
<td>7.3</td>
</tr>
<tr>
<td>22b. The Preserve Staging Area</td>
<td>5850 Laurel Creek Dr.</td>
<td>N/A</td>
<td>.56</td>
</tr>
<tr>
<td>23. Lions Wayside Park</td>
<td>4401 First St.</td>
<td>N</td>
<td>.7</td>
</tr>
<tr>
<td>24. McKinley Park</td>
<td>519 Kottinger Dr.</td>
<td>N</td>
<td>5.3</td>
</tr>
<tr>
<td>25. Meadowlark Park</td>
<td>8200 Regency Dr.</td>
<td>N</td>
<td>4.3</td>
</tr>
<tr>
<td>26. Meadows Park</td>
<td>3301 W. Las Positas</td>
<td>N</td>
<td>5</td>
</tr>
<tr>
<td>27. Mission Hills Park</td>
<td>600 Junipero</td>
<td>N</td>
<td>8.5</td>
</tr>
<tr>
<td>29. Muirwood Comm. Park</td>
<td>4701 Muirwood Dr.</td>
<td>C</td>
<td>13.9</td>
</tr>
<tr>
<td>30. Nielsen Park</td>
<td>3755 Stoneridge</td>
<td>N</td>
<td>5.7</td>
</tr>
<tr>
<td>31. Oakhill Park</td>
<td>4100 Muirwood Dr.</td>
<td>N</td>
<td>3.9</td>
</tr>
<tr>
<td>32. Orloff Park</td>
<td>1800 Santa Rita Rd.</td>
<td>N</td>
<td>8</td>
</tr>
<tr>
<td>33. Owens Plaza Park</td>
<td>5700 Owens Dr.</td>
<td>N</td>
<td>3</td>
</tr>
<tr>
<td>34. Rotary Park</td>
<td>890 Main St.</td>
<td>N</td>
<td>.73</td>
</tr>
<tr>
<td>35. Stoneridge Creek Neighborhood Park</td>
<td>3200 Stoneridge Creek Way</td>
<td>N</td>
<td>5</td>
</tr>
<tr>
<td>36. Sutter Gate Park</td>
<td>4801 Sutter Gate Ave.</td>
<td>N</td>
<td>2.7</td>
</tr>
<tr>
<td>37. Tawny Park</td>
<td>400 Tawny Dr.</td>
<td>N</td>
<td>3.9</td>
</tr>
<tr>
<td>38. Tennis &amp; Community Park</td>
<td>5801 Valley Ave.</td>
<td>C</td>
<td>15</td>
</tr>
<tr>
<td>39. Upper Pleasanton Field</td>
<td>4645 Bernal Ave.</td>
<td>N</td>
<td>3</td>
</tr>
<tr>
<td>40. Valley Trails Park</td>
<td>3400 National Park Rd.</td>
<td>N</td>
<td>6.1</td>
</tr>
<tr>
<td>41. Val Vista Community Park</td>
<td>7350 Johnson Dr.</td>
<td>C</td>
<td>24</td>
</tr>
<tr>
<td>42. Veterans Plaza</td>
<td>550 Peters Ave.</td>
<td>N</td>
<td>.5</td>
</tr>
<tr>
<td>43. Vintage Hills Park</td>
<td>3301 Arbor Dr.</td>
<td>N</td>
<td>4</td>
</tr>
<tr>
<td>44. Walnut Grove Park</td>
<td>5150 Northway Rd.</td>
<td>N</td>
<td>3.5</td>
</tr>
<tr>
<td>45. Woodthrus Park</td>
<td>5099 Woodthrus Rd.</td>
<td>N</td>
<td>3.5</td>
</tr>
</tbody>
</table>
Priority Registration
Online (Residents only)
Beginning at 8:00am on
Wednesday, January 10, 2018
First opportunity to register!

Open Registration
Walk-in & Non-Resident
Beginning at 8:00am on
Wednesday, January 17, 2018
(Faxes are NOT accepted)
Walk-in Registration
Available at the following locations during posted business hours:
• Community Services Administrative Office
• Dolores Bengtson Aquatic Center
• Gingerbread Preschool
• Pleasanton Senior Center

General Information
• Registration for all tennis activities is conducted at the Pleasanton Tennis and Community Park, 5801 Valley Avenue, www.lifetimetennis.com or 931-3449.
• Registration for all golf activities is conducted at the Callippe Preserve Golf Course, 8500 Clubhouse Drive. For more information, 426-6666 or visit www.playcallippe.com.
• Non-resident mail-in registrations sent before scheduled registration dates will be held and processed prior to the beginning of “Open Registration”.
• The City of Pleasanton Community Services Department invites people with and without disabilities to enjoy our sites, facilities, and programs.

Refund Policy
• A full refund will be given when notice is received by the Community Services Department at least ten (10) days prior to the start of the class or program.
• Refund requests received at least five (5) days prior to the start of the class or program will be assessed a $5 administrative fee, per class/program.
• No refunds will be issued for requests received less than five (5) days prior to the start of the class or program.
• Full refunds will be granted if the class or program is cancelled by the Department.
• No refunds given for non-attendance.

Fee Assistance Program
Did you know?
The Community Services Fee Assistance Program provides services and activities for low income families and seniors living in Pleasanton. Last year your generous donations helped make the following possible:
• 57 seniors received discounted rides on the Paratransit Bus and were able to participate in activities at the Pleasanton Senior Center.
• 80+ families received discounts for swim lessons, exercise classes and other activities sponsored by the City of Pleasanton

For information about receiving fee assistance, go to the Community Services website at: www.cityofpleasantonca.gov/gov/depts/cs/fees.asp

To donate to this vital program, simply include any donation amount on the Registration Form

For more information, call Community Services (925) 931-5340 or the Senior Center (925) 931-5365
Name of Participant:______________________________________________________ Signature Required: __________________________________________________________________

Parent/Guardian, if under 18: __________________________________________________________________

Date:_____________________________________    Check Enclosed:  Total Amount $_________________________

Make Check Payable to: City of Pleasanton

Visa          MasterCard         Discover    Card Number ___________–___________–___________–___________    CRV Code ______________   Exp________/__________

Total Amount $_________________

Card Holder Signature __________________________________________________________________

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Date of Birth (under 18)</th>
<th>Male/ Female</th>
<th>Activity Code</th>
<th>Activity</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jayesh Parekh</td>
<td>8/9/10</td>
<td>M</td>
<td>6244</td>
<td>Jumpstart to Comp. Basics</td>
<td>$225.00</td>
</tr>
</tbody>
</table>

Yes, I’d like to donate to the Community Services Fee Assistance Program (See page 54 for details) $________

Total $________

WAIVER, HOLD HARMLESS, RELEASE OF LIABILITY

I have registered for a program (or I have registered my child for a program) offered in the City of Pleasanton’s Activities Guide. My (or my child’s) participation in this activity is voluntary. I am (or my child is) physically fit to participate in this activity. I understand that the activity that I (or my child) enrolled in may involve risks and that serious injuries could occur while I am (or my child is) participating in this activity. Depending on the nature of the activity, the risks and hazards may increase. For example, participation in a sport could result in injuries to me (or to my child) including death due to risks including but not limited to, hazards associated with the field, gym, or other playing conditions, equipment, weather conditions, interactions or collisions with other participants, etc. In addition, if transportation is provided during the activity, serious injuries or death could occur to me (or my child).

Knowing these risks, I want (or my child wants) to participate in this activity. I (or I on behalf of my child) hereby assume these risks and agree to waive, release and discharge the City of Pleasanton and the Pleasanton Unified School District (and the City’s and District’s respective officials, officers, employees, volunteers, and agents) from any and all claims for damages for personal injuries or death, or for claims for damage to property, which I (or my child) or I (or my child’s) heirs, assigns, executors or administrators may have or which may accrue to my (or my child’s) participation in this activity, including transportation provided during the activity as applicable. I have read the above and understand that important legal rights are being waived.

Name of Participant:______________________________________________________ Signature Required: __________________________________________________________________

Date:_____________________________________    Check Enclosed:  Total Amount $_________________________

Make Check Payable to: City of Pleasanton

Visa          MasterCard         Discover    Card Number ___________–___________–___________–___________    CRV Code ______________   Exp________/__________

Total Amount$__________ Card Holder Signature __________________________________________________________________
City Commissions
Meet in City Council Chambers, 200 Old Bernal Avenue, or otherwise noted

Civic Arts Commission
John Casey • Jeanne Farley-Rodgers
Sandra Jessison • Isabelle Morales • Varsha Nene
Stephanie Pelligrino • John Steenman
Stephanie Wedge-Bonde • Judy Wheeler
7:00pm 1st Monday

City offices will be closed for these holidays:
Presidents Day, February 19
& Memorial Day, May 28

Housing Commission
Matthew Gaidos • Jay Galvin
Zarina Kiziloglu • Alyx MacTernan
Anthony Soby • Ann Welsh
7:00pm 3rd Thursday

Human Services Commission
Varsha Clare • Susan Hayes
Prashant Jhanwar • Rajesh Parekh
Meera Parikh • Brock Roby • Mike Sedlak
Kavya Subramaniam • Rosiland Wright
7:00pm 1st Wednesday

Library Commission
Traci Cook • Larry Damaser • Harinder Grewal
Michaela Hertle • Sean Lehman • Gene Litvinoff
Joan Nibert • Jacob Pavlak • James Woodwell
7:00pm 2nd Thursday, Pleasanton Library

Planning Commission
Herb Ritter • Greg O’Connor • Jack Balch
Nancy Allen • David Nagler • Justin Brown
7:00pm 2nd and 4th Wednesday

Youth Commission
Elise Allari • Russell Ambrosiewicz
Arushi Avachat • Lauren Brown • Kimberly Chew
Lori Franklin • Ajay Immedi • Kate Inman
Nishant Jain • Calla Li • Avni Patel
Jonathan Pearce • Tess Shetland • Taylor Sowers
7:00pm 2nd Wednesday, September–May
3333 Busch Road, Operations Service Center

Local Sports Groups
For information regarding registration, coaches, rain-outs or other pertinent information, please contact the organizations listed below or visit the City website at www.pleasantonsports.org.

Boys Soccer (BUSC)
www.busc.org

Girls Soccer (PGSA/RAGE)
www.pleasantonrage.org

E-Soccer
www.e-soccer.org

Adult Soccer (PASS)
www.pleasantonadultsoccer.com

Pleasanton Junior Football (PJFL)
www.pjfl.com

Girls Softball (PGSL)
www.pleasantonsoftball.org

American Little League (PALL)
www.pleasantonamerican.com

Pleasanton Little League (PLL)
www.pleasantonlittleleague.com

Foothill Little League (PFLL)
www.pflonline.org

Girls Golf (LPUSA-USGA)
ptownputter@comcast.net

Pleasanton Lacrosse Club (PLC)
www.pleasantonlacrosse.com

Pleasanton Girls Lacrosse Club (PGLC)
www.pleasantongirlslacrosse.com

Seahawks USS Swim Team
www.pleasantonseahawks.org

Special Olympics Sports
www.specialolympics.org

Tri Valley Masters Swim Team
www.trivalleymasters.com

Youth Volleyball
www.clubvipvbc.com

Sports Field Weather Line
931-5360 | www.pleasantonsports.org

Callippe Preserve Golf Course
www.playcallippe.com

Lifetime Activities
931-3449 | www.lifetimetennis.com

Local Arts Groups
Amador Livermore Valley Historical Society and Museum on Main
462-2766 | www.museumonmain.org

Amador Valley Quilters
www.amadorvalleyquilters.org

Bay Area Metro Chorus (Men)
443-SING

Cantabella Children’s Chorus
www.cantabella.org

CWC Tri-Valley Writers
www.trivalleywriters.org

Harmony Fusion (Chorus)
998-4719 | www.harmonymusic.org

Livermore–Amador Genealogical Society
www.L-AGS.org

Livermore Amador Symphony
www.livsymph.org

Livermore Valley Opera
www.livernorevalleyopera.com

Pacific Chamber Symphony
484-0839 | email: cponca@aol.com

Pleasanton Art League
www.pal-art.com

Pleasanton Community Concert Band
www.pleasantonband.org

Pleasanton Cultural Arts Council
931-1111 | www.pleasantonarts.org

Pleasanton Cultural Arts Foundation
846-1007 | www.pleasantonartsfoundation.org

SF Shakespeare
www.sfshakes.org

Tri-Valley Repertory Theater
www.trivalleyrep.com

Tri-Valley Woodcarvers
846-5011

Valley Concert Chorale
www.valleyconcertchorale.org

Valley Dance Theatre
www.valleydancetheatre.com

Valley Shakespeare Festival
556-9624

Phone: (925) 931-5340
Overloaded and Underprepared

2ND ANNUAL PARENTING FORUM

- Learn how you can best support mentally & physically healthy kids who are engaged in learning & have strong connections with friends, families, & their communities.
- Discover a healthier way to support your child through the college admissions process.
- Breakout Sessions to follow keynote presentation.

Keynote Speaker
Denise Pope, Ph.D
Challenge Success Co-Founder, Stanford University Senior Lecturer, author of “Doing School” and co-author of “Overloaded and Underprepared.”

02.03.18
09:00AM to 12:00PM
Harvest Park Middle School
4900 Valley Avenue, Pleasanton

FREE Registration
PleasantonFun.com/Course 6698

For more information please call 925-931-5359

Adult Softball League

Spring into action and sign-up for an Adult Softball League! Leagues are offered Sunday - Friday evenings. All skills levels welcomed.

Registration begins on January 10th, 2018 and ends February 18, 2018, space permitting. For complete registration information, visit TeamSideline.com/Pleasanton or contact the sports office at (925) 931 - 3437.
Pleasanton Senior Center
5353 Sunol Boulevard

Exhibitors Registration
8:00am–10:00am

Judging
10:00am–12:30pm

Show Opens
2:00–5:00pm

Awards Ceremony
2:30pm

For more information, please call the Alain Pinel office and ask for Leslie or Marti at (925) 251-1111

Proudly co-sponsored by: